

*Horæ Succisivæ,*  
OR,  
SPARE-HOURES  
OF  
*Meditations;*  
VPON OUR DUTY  
TO { GOD,  
Others,  
Our Selves.

*The fifth Edition, corrected  
and much enlarged,*

By JOS. HENSHAW,  
D. of Divinitie.

LONDON,  
Printed by T. Payne, for Ralph  
Mabbe. 1640.

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English



TO

The Right Honou-  
rable LADIE, the  
LADIE ANNE  
COTINGTON.

(\* \*)

*Right Honourable,*

I Have provided a  
Present, propor-  
tionable to my  
skill, my time, and  
your Honors know-  
ledge of mee, short :

A 2 Your

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*The Epistle*

Your desire many times to heare others writing out of my mouth, made me to put this of my owne into your hands; a raplodie of resolves and observations, some for contemplation, others for caution, the first divine, the other morall. When you would lose an houre from better and graver matters, throw it away

*Dedictory.*

way on these; where  
in you have some-  
what of God, of o-  
thers, of our selves,  
what God is to us,  
what we should bee  
to him, to others:  
there canot be much  
saide of it, because  
there is but little said  
in it; in all which  
little I intend no-  
thing to my self, but  
to others. The gene-  
rall end of reading is  
to know, but the

A 3      end

*The Epistle, &c.*

ende of divine reading is to good our knowledge, and if it doe good, I have my end, whose office is to live, not to my selfe, but others, and am a servant to all by a common duty, but your Honours by especiall relation

*to be commanded,*

*J. H.*



*Hora Succisiva,*  
 OR,  
 SPARE-HO V R E S  
 O F  
 M E D I T A T I O N S.

Take God the  
 first and last  
 M of all thy a-  
 ctions : so  
 begin that thou maist  
 have him in the end, o-  
 therwise I doubt whe-  
 ther it had beene better  
 that thou hadst not be-  
 gun.

A 4      That

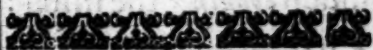


THat we brought nothing into this world, is not more every where *knowne*, than it is of every one beleeved; but that wee shall carry nothing out of this world, is a sentence better *knowne* than *trusted*, otherwise I thinke men would take more care to live *well*, than to dye *rich*.



WEalth is not the way to heaven,

heaven, but the contrary; all my care shall be how to *live well*, and I am sure I shall never *dye poore*.



Sleepe is but deaths  
Selder brother, and  
death is but a sleepe  
nicknam'd; why should  
I more feare to goe to  
my *grave*, than to my  
*bed*, since both tend to  
my rest? when I lye  
downe to sleepe, I will  
thinke it my last, and  
when I rise againe, ac-  
count my life not con-  
tinued, but restor'd.



**T**Oo much *labour*  
 toyls the body, too  
 much *looking* the mind:  
 I will deale for my *stu-*  
*dy*, as for my *stomocke*,  
 ever rise with an appe-  
 tite, lest if I once surfet,  
 I ever loath it.



**H**Ow hard it is for a  
 man to forget his  
 sinne, or remember his  
 God, not to doe that e-  
 vill which hee should  
 not, and not to leave  
 undone that good  
 which



which he should doe, every man can tell by experience. I were no man, if I had no sinne, but if I am a Christian, I must not delight in sinne: if I cannot *avoid* some sinnes, yet I will *stand* in none.



TO doe any thing to thinke to bee talk'd of, is the vaineſt thing in the world ; to give almes, and aske who ſees, loſeth the prayſe and the reward : I may bee ſeene to give, I will not give to be *ſeene*, that others

others are witnesse to my piety is not my fault, nor my praise; I will never bee so ill a friend to my selfe, to sell heaven for vaine-glory.



**T**He obedience of good children proceeds not from feare, but love; it is a very bad nature will doe nothing without blowes; to turne to our vomit as soone as God is turn'd from his rod, and aske who is the Lord till a new plague, is a state I know

know not whether  
more to bee feared or  
pittied: if I cannot a-  
voyd correction, I will  
mend with it; not to be  
beaten twice for the  
same fault.



I Know not which is  
worſe; the *bearer* of  
tales or the *receiver*, for  
the one makes the o-  
ther: I will no leſſe hate  
to *tell*, then to heare  
flanders. If I cannot  
ſtop others mouthes, I  
will ſtop my own ears.  
The receiver is as bad  
as the theefe.

With



**VV**ith GOD a  
Publican goes  
beyond a Pharisee, a  
sigh or a groane, that  
cannot bee uttered, be-  
yond a long prayer  
with ostentation: Care  
not how long, or how  
*lowd* thy prayer be, but  
how *heartty*.



**VV**oman was first  
given to man  
for a helpe, since for a  
remedy: what shall wee  
thinke of those, that  
turne

turne the remedy into a disease, and hold it in all cases for some, and in some cases for all, not onely dangerous, but damnable to marry; what is this but to teach God what Hee hath to doe? I have ever counted it safe and wise to leave that indifferent which God hath left so.



**G**Od cannot endure  
A Pharisee: that  
saies and doth not: with  
His Disciples, saying  
and doing must not bee  
two

two mens offices; if thou canst doe but little, promise the lesse; so though thou maist beethought niggardly, because thou performest so little, yet thou shalt be knowne just because thou promised'st no more.



**A** Good man would so be *honourable*, as hee may still bee *honest*, not broker for preferment; if not worthy, let him want it, but if deserving, why should hee buy his due? I will  
neither

neither grow *great* by  
buying honour, nor  
*rich* by selling it.

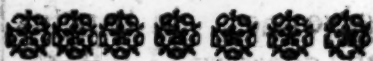


**I**N injuries it is better  
to take many, than  
give one, in benefits  
the contrary: I will re-  
quite the first with bea-  
ring them, the second  
with *requiting* them.



**E**Vill communication  
corrupts good man-  
ners. *Peter* denied his  
Master among the  
Iewes, whom hee con-  
fessed

fessed among the Apostles : I may have a bad man of my family, I will never have a bad familiar ; or if at any time of my *court*, never of my *counsell*.



**S**O live with men, as considering alwaies that God sees thee, so pray to God, as if every man heard thee ; doe nothing which thou wouldest not have God see done ; desire nothing which may either wrong thy profession to *aske*, or Gods honour to *grant*. Every





**E**Very night is an Embleme of death, in this, that in both we rest from our labours: I will labour to long for my rest in heaven, and I shall never bee loath to goe to bed to the earth, who would not desire to dye, that hee might bee with Christ?



**I**T is good in prosperity, to make roome for adversity, that how ever

ever it come *unſent* for,  
it may not come *un-  
look'd* for; if it doe not  
come wee are never the  
worſe, if it doe come,  
wee are the better pro-  
vided; expectation, if  
it doe not hinder croſ-  
ſes, yet it leſſens them.



**E**Arthly things are  
like dreames; awake  
to nothing; like sha-  
dowes ſet with the Sun,  
wealth and honour will  
either leave us, or wee  
them. I will labour  
onely for thoſe plea-  
ſures which never ſhall  
have

have an ende, and bee  
more delighted that I  
shall bee happy, than  
that I *am* so.



**I**T is a good Signe,  
when God chides us,  
that Hee loves us, no-  
thing more *proves* us  
His than blowes, no-  
thing sooner *makes* us  
His: God can love His  
children well, and not  
make wantons of them;  
if I suffer, it is that I  
may raigne. How pro-  
fitable is that affliction,  
that carries mee to Hea-  
ven?

Suf.



Suffering is the way  
to glory, sometime  
in this world: *Ioseph* had  
never beene a Courtier,  
had he not first beene a  
pprisoner.



Gods children are  
ever the better  
for being miserable,  
and end in that; It is  
good for mee, that I  
have beene afflicted:  
let God use mee how he  
will on *earth*, so I may  
have what Hee hath  
pro-

promised to those that  
love Him in *Heaven*;  
Who would not bee a  
*Lazarus* for a day, that  
hee might sit in *Abra-*  
*hams bosome* for ever?



**G**ODS Church must  
bee a Lilly among  
thornes, and while I  
am a member of the  
Church, I must not  
looke to fare better  
than the whole Body,  
if they have call'd the  
Master of the house  
Beelzebub, well may  
it bee endur'd to those  
of the household; my  
comfort

comfort is if I am reuiled for His sake, I shall be blessed.



PROsperity is like *Vinum merum*, all wine, it makes drunke the soule, and therefore God mingles it, that He may keepe us sober; feeds His children with a bit and a knocke, ever dishes his sweete meate with sowre sauce: if we *did alwaies abound*, wee would grow proud, and forget our selves, and if not *sometimes*, we would despaire and forget

forget our God : I will  
pray with *Salomon*, give  
me neither wealth nor  
poverty, but a meane;  
or if wealth, grace to  
imply it; if poverty,  
patience to endure it.



**A**FFlictions are the  
medicines of the  
minde, if they are not  
tooth-some, let it suf-  
fice, they are whole-  
some; 'tis not required  
in Physicke that it  
should please, but heale,  
unlesse we esteeme our  
pleasure above our  
health: let me suffer, so

B

I

may raigne, be beaten,  
so I may be a sonne.  
Nothing can bee ever  
too much to endure for  
those pleasures which  
endure for ever.



**T**Here was never  
good but was hard  
to get : the prison and  
the hatchet, sores and  
crums leade to *Abra-*  
*hams* bosome, and the  
way thither is by wee-  
ping-crosse : if many  
tribulations will carry  
me to heaven, on Gods  
name let me have them;  
welcome the poverty,  
which



which makes me heire  
to those riches that ne-  
ver shall have an end.



**I** Will deale for my  
soule, as for my bo-  
dy, never refuse health  
because the Physicke  
that should procure it,  
is bitter; let it distast  
me, so it heale me.



**T**Here are in the  
world that think it  
too great sawcinesse to  
bee our owne spokes-  
men to God, and there-

fore goe to St. Some-  
body to preferre their  
petitions for them ; I  
shall ever hold it good  
manners to goe of my  
owne errants to God.  
He that bids me come,  
will bid me welcome ;  
God hath said, Come  
unto me, &c. It is no  
unmannerlines to come  
when I am call'd.



**A**LL consciences, like  
all stomachs, are not  
alike ; how many doe  
we see digest those sins  
with ease, which o-  
thers cannot get downe  
with

with struggling, one  
straines at a gnat, when  
another swallowes a  
Cammell: he that will  
keepe cleere of great  
finnes, must make con-  
science of all. I will  
thinke no sinne litle,  
because the least indan-  
gers my soule, and it is  
all one whether I sell  
my SAVIOUR for  
thirty pence, with *Ju-  
das*, or for halfe I am  
worth, with *Ananias*;  
whether I goe to hell  
for one sinne, or for  
many.

B; There-



**T**His life is but a journey unto death, and every day wee are some spans neerer the grave; how is it that we which are so neere our death, are so farre from thinking of it? Security is a great enemy to prevention, and a presumption that we shal not dye yet, makes men that they doe not prepare to dye *at all*: it is good taking time while time is; if it come suddenly and finde thee unprepared, miserable man that

that thou art, who shall deliver thee from the body, &c ?



**T**herefore hath Nature given us two eares, and but one mouth, that we should heare twice as much as we should speake : with all thy secrets trust neither thy *wife* nor thy *friend*, he that is thrifty of his owne tongue, shall lesse feare anothers.

B 4 There



**T**Here are that affect  
 not so much to have  
 true friends, as to have  
*many*, and whisper to  
 that friend what they  
 heare from this, and  
 againe, to this, what  
 from that : and glory  
 to have it knowne, how  
 much they are trusted,  
 whereas they were there-  
 fore trusted that it  
 might not be knowne :  
 I have ever thought it a  
 maxime in friendship,  
 that hee which will be  
 intimate with *many*, is  
 entirely *nones* ; let mee  
 love

love and be lov'd of all,  
I will be inward onely  
with a few : I had rather  
have one meane friend  
that I may call my *own*,  
than the most potent  
where I must share  
with *others*.



**H**EE that provides  
not for his owne is  
worse than an infidell;  
'tis not the blame of  
charity that it begins at  
*home*, it is that it ends  
not *abroad* : I am not  
borne all to my selfe,  
somewhat to my  
friend, to my neigh-  
bour.

bour. I will so care for  
my *owne*, as I may re-  
lieve *others*, and so doe  
for *others*, as I wrong  
not my *owne*.



**M**Vch *knowledge*,  
not much *speech*,  
Emblem's a wise man,  
I shall ever hold it nei-  
ther safe nor wise, al-  
wayes to speake what I  
know of my *owne* af-  
fares, nor what I think  
of *others*; a man may  
speake too much truth.

Plea-





PLeasures like the  
Rose are sweet; but  
prickly, the hony doth  
not countervaile the  
sting, all this worlds  
delights are vanity, and  
end in vexation; like  
*Judas* while they kisse,  
they betray. I would  
neither be a *Stoicke* nor  
an *Epicure*, allow of no  
pleasure, nor give way  
to all: they are good  
saue, but naught to  
make a meale of, and  
were given not to fill  
the belly, but to relish  
the meate: I may use  
them

them sometimes for digestion, never for food.



**I**N crosses, these two things must bee thought on; first, *whence* they come, from God, Hee strikes thee that made thee, next *wherefore* they come, for thy good either to try thee, or to mend thee, if they be harsh, yet they bee gainefull: I shall ever count it a good change, to have the *fire* of persecution for the *fire* of hell, who would not rather smart for a while

while than forever: let  
mee rather have that  
*fire* which is rewarded  
with heaven, than these  
*pleasures* which shall be  
rewarded with *fire*.



**S** *Aloman's*, Rejoyce  
Oh yong man in the  
dayes of thy youth,  
were the finest thing in  
the world, if it were  
not for that which fol-  
lowes, for all this thou  
shalt come to judge-  
ment; to goe well, lye  
soft, sleep hard, if there  
were no after-recko-  
ning; who would not  
say

say out of delight what the Apostles did out of amazement, *It is good for us to bee here*; but when I have a stewardship to account for, and GOD knowes how soone my master returning, and my talent to seeke; the Bridegroom entering and my oyle to buy, I have more reason to care how to *redeeme* my time past, than to *spend* the present.



**T**O grow heavy or lumpish with crosses.

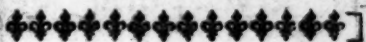
ses, argues not so much  
want of courage, as  
grace: nothing more  
soyles the Reputation  
of a Christian, than to  
have his minde droope  
with his Mammon;  
what if health, friends,  
meanes, have all for-  
sooke thee, wilt thou  
lose thy wittes toge-  
ther with thy goods?  
all the afflictions in this  
world, cannot answer  
the joyes of that other.  
I will never care whose  
these pleasures *I see* be,  
while those *I doe not see*  
are mine, & the fountain  
of pleasures whom I  
shall one day *see*, as I  
am

am *seene*, shall be  
mine.



**L** Et another praise  
thee, and not thine  
own mouth; either we  
are farre from neigh-  
bours, or ill beloved a-  
mong them, when wee  
are faine to be our owne  
trumpet, and blaze our  
selves: the *Jewes*, not  
the *Centurian* say, Hee  
loved our Nation, and  
hath, &c. It is both ho-  
nourable and humble  
to heare of our praises,  
and tell of our unwor-  
thinesse.

Many



**M**Any a little make  
a mickle, every  
day a mite will increase  
our store; I will be ever  
adding to my heape of  
knowledge, of Faith,  
&c. That when the Ma-  
ster returns I may be  
able to say, behold  
*Lord*, thy two Talents  
have gained other two.



**T**He building of the  
soule, like that of the  
world, is not done in a  
day; grace like *Ezekiels*  
waters,

waters, is first to the  
ankles, then to the  
knees, &c. In vaine doe  
any thinke to bee per-  
fect at once, in an in-  
stant; well is it for us,  
if after many Lessons  
learn'd, and heard in  
Christ's Schoole, wee  
get past the spoone, and  
with some yeares of  
teares and prayers come  
to a stature, a growth;  
and with clambering  
and paines, like *Zache-  
us*, get to see *Christ*:  
time was when it was  
said to the Apostles,  
*Oh ye of little faith*; and  
hee was once afraid to  
confesse *Christ*, that  
was



was not afterward, afraid to dye for him : like Bees, while we are here, wee are ever gathering, in His good time wee shall be perfect, in the meane time Lord suffer us not to be tempted above that we are able.



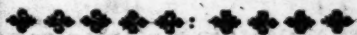
**G**OD is that to the soule, which the Sunne is to the world, *light and heat*, and with them comforts and stores it : he that hath *God* hath every thing ; *God* alone is a world of friends

friends against millions  
of enemies: then will I  
thinke my selfe poore,  
miserable, distressed,  
*left*, when Hee *leaves*  
mee.



**E**Very thing almost  
we see, borrowes its  
nature from its soile;  
thus the body and tem-  
per of men differ with  
the ayre; and the soule  
like the body, com-  
monly favours some-  
thing of the company  
it keepe, and we grow  
familiar with their sins,  
together with their  
per-

persons ; at first winke  
at them , then imitate  
them , then defend  
them. I will not be  
more perspicuous in  
the choyce of any  
thing than of this : hee  
can hardly have a *good*  
soule , that hath a *bad*  
companion.



**S**Inne at first is mo-  
dest , and goes dis-  
guised with *Saul* to *En-*  
*dor* , that after a while  
growes impudent , and  
dares looke bare-fac'd  
on the world ; first per-  
swades to civill recrea-  
tions , thence bids to  
un-

to unlawfull delights  
 Hee that will prevent  
 the *growth* of sin, must  
 resist the *beginning*, the  
 remedy is thought of  
 too late, where the dis-  
 ease is past cure; 'tis ea-  
 sier preventing a sicke-  
 nesse, than recovering  
 it.



**C**Vstome as it lessens  
 favours, so it lessens  
 sinne; else the same  
 sinne would still bee  
 monstrous, which in  
 time is not taken no-  
 tice of.

Good-



**G**oodnesse is not  
the gift of all, but  
some, but perseverance,  
onely of a few ; how  
many like *Ezekias* sun  
have gone backward ,  
and forsaken their first  
love ? How many have  
we seene, that with  
*Caiaphas*, would have  
rent their cloathes at  
the name of blasphem-  
y ; have afterward  
sworne by the life of  
*Pharaoh* : what we are,  
is no argument for  
what we *will be* ; every  
man knowes his begin-  
ning,

ning, not his end ; what he is, not what he shall be ; let him that thinketh hee stands, take heed lest he fall.



**W**hen I take serious view of my selfe, and see ( besides inward discontents ) so many outward enemies of quietnesse every where, every minute ; want, sicknesse, dangers, losse of friends, of health, of life, threatening, if not pursuing me : and to these my spirituall enemies so strong,

strong, my corruptions  
 so many, my infirmi-  
 ties so continuall, and  
 my self so over-match-  
 ed with all these: with  
*Peter* I beginne to sink,  
 and I could wish I had  
 not beene, since I must  
 be miserable; but when  
 I looke up to heaven,  
 and those joyes I am  
 going to, I would not  
 be lesse miserable to be  
 so happy. G o d is my  
 Father, the Angels are  
 my fellowes, Heaven  
 is my Inheritance; now  
 if my inheritance be in  
 heaven, why is not my  
 desire there? Where  
 our treasure is, there  
 C will

will our heart bee also;  
 where our treasure and  
 our heart is, there shall  
 wee bee one day: who  
 would exchange his fu-  
 ture happinesse for a  
 present?



**C**Ontentation is a  
 blessing, not wealth;  
 true riches consist not  
 so in having much, as  
 in not desiring more:  
 Why then doe we so la-  
 bour to *abound*, and not  
 rather to be *content*? If  
 I have but a little, my  
 account is the lesse; if  
 I have much, and doe  
 not



not more good, I shall  
adde to my condemna-  
tion, together with my  
store: I will ever study  
rather to use my little  
well, then to encrease  
it.



**I** Will not care to bee  
rich, but to be good;  
this onely is that trea-  
sure, that never shall  
have an end: let mee be  
rich in goodnesse, and  
I cannot complaine of  
poverty: He onely is  
poore whom G O D  
hates.



**T**O speake little, is a  
 note of a wiseman,  
 to speake well of a  
 good man : goodnesse  
 is not seen in the length  
 or brevity of our  
 speech, but in the mat-  
 ter, the streames of the  
 tongue runs from the  
 current of the heart,  
 and are like the foun-  
 taine; it is a signe wee  
 have *little goodnesse* in  
 us, when there comes  
*little out* of us : if God  
 were more in our  
 hearts, He would be  
 often in our mouthes,  
 and

and with more reverence. Though I will never affect to *speake* of my goodnesse, yet I will shew it in my *speech*.



**H**EE that will bee a Criticke of others actions, had need look well to his owne: 'tis a foule shame to have that found in our selves, which we would take upon us to mend in others: in this I will ever follow my *Saviours* rule, first get out mine owne beame, and I

C 3 shall

shall see better to helpe  
my brother out with his  
mote



**I**Njuries, if they dye  
not, they kill : Here  
onely a Christian must  
learne to forget : for if  
wee forgive not men  
their trespasses, neither  
will our Father, &c. In  
this case my care shall  
bee onely how to put  
them up, and leave ven-  
geance to whom it be-  
longs. God is ever his  
Iudge, that is not his  
owne.

The



**T**HE malicious man  
is so much no mans  
foe as his owne ; for  
while hee is out of cha-  
rity with others, God  
is so with him ; if hee  
lov'd himself, he would  
not hate his brother. I  
will love all men for  
His sake that made  
them : but the Christi-  
an, because he is Gods  
sonne, I will love dou-  
bly, for his owne sake,  
for his Fathers sake.



**G**OD lookes not at  
what wee have  
C 4 been,

been, but what we are :  
it is no commendation  
to have beene an Israe-  
lite. That we once did  
well, addes to our con-  
demnation, together  
with our sinne ; and if  
the righteous man for-  
sake his righteousness,  
his reward is lost : our  
former goodnesse will  
not excuse our present  
evill, the end crownes  
us : what ever my be-  
ginning hath beene, I  
shall ever pray and en-  
deavour that I may dye  
the death of the righte-  
ous ; and my latter end  
may be like unto his, for  
as the tree *fals*, so it *lyes*.

Man



**M**A N til he sinned  
was naked, and  
was not ashamed,  
cloathes are not more  
our *covering* then our  
*shame*, and we may just-  
ly blush every time we  
look on them, not brag;  
the best Ornament of  
the body, is the minde,  
and the best Ornament  
of the minde, is Hone-  
sty : that best *becomes*,  
which best *beseemes*, not  
that which is most us'd,  
but most decent. I will  
neither looke what o-  
thers doe, nor what I  
C 5 may

may doe, but what I ought to doe, many things are lawfull, which are not expedient.



**T**O doe wel and say nothing, is Christianly, to say well and do nothing is Pharisaicall; if the hands be not *Jacobs* as well as the voyce, wee are but impostors, cheats: If we are good Trees, by our fruit they shall know us. I will not lesse hate not to doe good, than to tel of it: my faith is dead if it beare not. Ea-





**E**ating was the first  
sinne in the World,  
and it is now the sinne  
almost of al the world;  
and as before the building  
of *Babel*, so still in  
this, all the Earth is of  
one language, what  
shall wee eate, or what  
shall wee drinke, and  
wherewith, &c. Eating  
and Drinking have taken  
away our stomacks to  
spirituall things : I  
wil never be so greedy,  
as to eate my self out of  
Heaven : Hee loves his  
belly well, that with  
*Esau*

*Esau* will sell his Birth-right for pottage : of the two, I had rather beg my bread with *Lazarus*, than my water with *Dives*.



**G**reat mens words are like dead mens shooes, he may go bare-foot that waits for them : I will ever bee a *Didymus* in these, beleeve onely what I see, so I shall neither be deceived with others promises my selfe, nor deceive others with them.

The



THE good mans  
Word is his Oath,  
his actions serve only  
to make good his  
words : Hee that pro-  
mises either what hee  
cannot, or what hee  
meanes not : is for the  
first a *Boaster*, and for  
the last an *Hypocrite*; by  
such an one, I will bee  
deceived but once.



**D**issimulation is  
statepolicy, & wise  
men set out themselves  
as *Aristotle* did his  
books,

books, not to be understood at first sight. Hee that alwaies speakes what hee *knowes*, is not wise, but hee that doth not alwayes speake what hee *meanes*, is not honest. As I will not have my heart at my tongues end, so I will have my tongue speake from my heart, it is not necessary I must bee *dishonest*, or a *foole*.



Commonly your open eares are open mouth'd, and they that are craving to heare,  
are

are apt to tell : I will  
neither desire to *know*  
much of another mans  
estate, nor *impart* much  
of my owne ; never any  
man repented him of  
saying nothing.

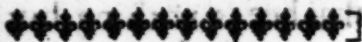


**A** Parasite of all  
Trades is the ba-  
sest, and in two things  
like an Eccho; first, that  
hee speakes onely what  
hee heares others ; and  
that hee is nothing but  
voyce, words ; next, to  
an *ungratefull* man, I  
would not bee a *flatter-*  
*er.*

Sins



**S**innes grow like  
Grapes, close, but in  
clusters : Wee usually  
say, He that will swear,  
will lye, and hee that  
will lye, will steale, and  
he that will do al these,  
will doe any thing. Sa-  
tan is a Serpent ; if the  
head bee once in, his  
whole body will not be  
long behinde.



**I**T is better to go into  
the House of mour-  
ning, than into the  
House

House of laughter, &c.  
He is worse than mad,  
that with *Herod* will  
part with a Kingdome  
for a dance. Hee takes  
little thought for his  
finnes, that thinkes to  
put them out of his  
head, as *Cain* and *Saul*  
did with Musicke : He  
that truely considers  
those joyes which ne-  
ver shall have an end,  
cannot but desire to  
have an end of these :  
Where the treasure is,  
there will the heart bee  
also.

Gods



**G**ods promises doe not binde Him to keepe us in our wickednesse, our finnes quit Him of His *promise*, and us of His *protection*, when we leave to be of His *Family*, wee are none of His *Charge*, His *Friendship* keeps pace with ours. If thou dost well, shalt thou not bee accepted? (sayes Hee to *Cain*) doe well, and have well, such as wee behave our selves towards God, such shall wee finde God towards us ;



us ; now if wee doe  
smart, thank our selves.



**V**EE have too  
many that have  
a double heart in one  
body, but very few  
that have but one heart  
to two bodies, yet so  
is it with friends, the  
one cannot laugh, when  
the other weepes ; one  
friend is the looking-  
glasse of the other,  
where face answers  
face ; when the one  
smiles, the other smiles ;  
when the one is sad, the  
other is troubled, there  
is

is no Amity where  
there is no Sympathy ;  
If I doe not suffer in  
my *Saviour*, I doe not  
love Him. Can the  
Head be sicke, and the  
Body not feele it ?



**T**Here is a time to  
laugh as well as a  
time to mourne, we are  
not deni'd the use of  
mirth, but the excesse,  
it is not forbidden  
Fruit. Hee who gave  
Oyle to cheere the  
countenance, gave wine  
also to glad the heart :  
And I will not  
say

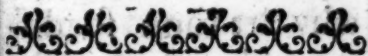
say, whether *Salomons* draught bee not sometimes in season: Drink, that thou maist forget thy poverty; yet so as thou remember thy God. God never intended Religion should make men Stoicks, as if to mew up our selves from the World, were to single out our selves to God: And because hee hath forbid the abuse of things, not to use them; thus wee should abstaine from drink, because some men have beene drunk: If that which is one mans meate, prove another

ther mans poyson, the fault is not in the meat, but in the stomacke. If they be so easily abus'd, the more our thanks, our praise, if we do not abuse them, we shall be commended for our temperance; we cannot for our want of them; God makes us but to use them as wee should, and we cannot have too much of them.



**VV** Here should  
Ioy bee but in  
the Fountaine of Ioy,  
or

or how doe we partake  
of that Fountaine, and  
rejoyce not : that Ioy  
must beginne to fill  
here, that will bee full  
hereafter. He shall ne-  
ver sing *Halelujahs*, that  
doth not first sing *Ho-  
sanna's*. He is no sound  
Christian that is not  
taken with the glory he  
shal have, and rejoyces  
in this, that his name is  
written in the Booke of  
Life.



**G**OD ever helps at  
a pinch, when all  
helpes faile, then is he  
seen;

seen; when *Iacob* wants at home, then *Ioseph* is heard of abroad; and when the Prodigall wants abroad, then God makes him think of home: What if hee will not deliver *Ionah* from the Tempest, yet Hee will from the Whale. If the danger bee great, His glory shall be the more; never despaire then thou drooping soule, why art thou cast downe, why art thou so disquieted. &c. The goodnesse of thy God endureth yet daily.

The



**T**HE Contention of  
*Christs* time is the  
Contention of all the  
world, who shall be the  
greatest, and most men  
envy to bee out-gone in  
any thing, even by  
those they love best: If  
*Ioseph* bee his Fathers  
darling, hee is his Bre-  
threns eye-fore: and I  
doubt me whether *Da-  
vids* brothers were  
more glad that *Goliath*  
was flaine, or angry  
that by their brother:  
bad natures whom they  
cannot reach by imita-  
tion,

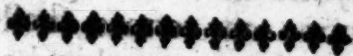
tion, they will by detraction: He casteth out Devils through Beelzebub, was the Phari-sees of Christ: it argues very little goodnesse in us, when we malice it in others; none but a *Cain* (that ever I read of) will envy, because his workes are evill, and his brothers good, they are desperately wicked that love not the looks of godlineffe.



**I**T is a hard matter for a man to know much or have much, & know him-



himselfe, and whence  
he hath it, if we would  
thinke worse of our  
selves, we should be  
better thought of, but  
now our selfe-concei-  
tednesse breakes our  
necke.



**M**ost men are Pha-  
risees in this, love  
the uppermost seats, all  
would be sonnes of A-  
nak, if their bodies did  
but swell with their  
minde: the care of the  
most is to live honou-  
rable, not well, their  
reputation is more car'd

D 2 for

for than their God, *Oc-*  
*cidat modò regnet*: with  
 that Mother of Nero,  
 Let them be damn'd, so  
 they may bee dub'd:  
 what is this but to ex-  
 change a Heavenly  
 kingdome for an earth-  
 ly: he that will be great  
 upon any termes, shall  
 one day repent that he  
 hath beene happy too  
 soone.



**M**Y Friends faults  
 as mine owne,  
 where I see, I will reme-  
 dy: I may (happily)  
 hide or excuse them to  
 others,

others, never to himself, this were to kill him with kindnesse, and lest I should lose a friend, lose a soule: I am guilty of the losse of that soule I might save and doe not.



**S**OME Friends there are, such as *Fonadab* to *Ammon*, Pandors to their wickednesse: Brethren they are, but in iniquity; Hee shall bee no friend to mee, that is a friend to my faults; and I am no friend to my selfe, if I think him

my enemy that tels me  
of them; one day. if  
not now, I shall heare  
of them to my cost:  
Men may, God will  
not winke at small  
faults.



Christ, because they feare Him, He can destroy both soule and body in, &c. Others, because they neede him, but if we be true friends, though there were none of these, we would love Him.



**F**RIEND, of all compellations in the dearest, the sweetest. and as one of ingratitude, *si ingratum dixeris, omnia dixeris*: So may I of friendship, call him friend, and you have said all, another selfe,

or rather the same selfe multiplied; skinne for skinne, and all that a man hath will he give for his life, and yet a mans life will hee give for his *Friend*; if our love will not follow Christ through fire and water, we are but counterfeits.



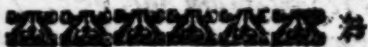
**T**Herefore did not God at first make *many women* and but *one man*, Or *many men*, and but *one woman*, that every man should not know there were more than  
than

than one woman in the  
World ; nor any wo-  
man more than one  
man, they that *know*  
*more*, shal not be *known*;  
CHRIST shall say,  
*Depart from me, &c. I*  
*know you not.*



**I** See many marriages  
in the World, and  
never a good, one to his  
*barnes* with the *foole* ;  
another to his *board*,  
with the *glutton*; one to  
his *cups*, another to his  
*coffers* ; onely those  
marriages are blessed  
from Heaven, that are  
D<sup>s</sup> made

made in heaven; they  
are ill holp up, that are  
married to one ano-  
ther, and not married  
to *Christ*.



**B**eauty is as it hits, if  
the *heart* do not an-  
swere the *face*, it were  
better missed; it will  
prove a *snare*, which  
was an *ornament*: the  
more they have of this,  
the more cause they  
have to pray, *Leade us  
not into temptation.*

Earth





**E**Arth is a place of penance, & small drink and Camels haire doth well; tis a place of toile and labour, and men goe not to worke in their best cloathes: Men should doe well then to prancke up their insides a little better, and let the body shift: I never heard any man found fault with for his rags, I heard it upbraided to one, that he went in purple.



**I**T is not our meanes,  
 but our finnes that  
 shuts us out from God;  
 I will bee asham'd of  
 nothing but my finnes,  
 and proud of nothing  
 but that I am a Chri-  
 stian.

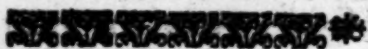


**I** will never care  
 what I am in mens  
 eyes, but in Gods;  
 Beauty, Wealth, Ho-  
 nour, may make us ac-  
 cepted of men but 'tis  
 onely a broken heart  
 can

can doe the deede with  
God ; never any man  
came to heaven for his  
good lookes.



**H**E is not a Iew that  
is so outwardly,  
then had not *Hierusa-*  
*lem* fallen : nor hee an  
Apostle, that doth so  
professe it, then had  
not *Iudas* beene a cast a-  
way. The washing of  
the out-side cleane, will  
not quit us of being  
Pharisees ; The Kings  
Daughter is all glori-  
ous within ; if wee bee  
good Christians, wee  
are best at core. The

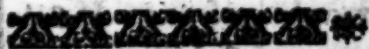


**T**He good man ever  
 sets God betweene  
 him and harmes; and  
 sayes, *The Lord is on  
 my side, &c.* He is no  
 good Christian, that  
 thinkes hee can be safe  
 without Him, or not  
 safe with Him.



**N**Ever any man was  
 a loser by his  
 God, or left in a dan-  
 ger, and stood to Him:  
*Lazarus* may stinke in  
 his grave, but he shall  
 not

be scene *not* there, nei-  
ther the *dungeon* nor the  
*denne*, can shut us from  
his *providence*, His *care*:  
*Elias Ravens* shall serve  
him in his meate; and  
*Daniels Lyons*, since  
they cannot *feede* him,  
shall *fast* with him, and  
rather *starve* than *eate*  
a *Saint*: what cannot  
*God* do where he will?  
what will He not doe,  
where He loves: Oh  
*God*, they doe not *know*  
thee, that *distrust* thee.



**T**O give with hope to  
*receive*, is to *lend*,  
and

and not to give : or rather to *put to use*, and not to *lend*: I will give where I cannot be *requited* so shall my *reward* be in *Heaven*.



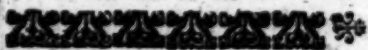
**C**HARITY is of that which a man hath, and not of that a man hath not : If the purse will not reach to a *Se-pulcher* with that Coun-seller of *Arimathea*, yet a pound or two of *spice* would be fene : If *Sil-ver* and *Gold* thou hast none, yet such as thou hast, a *Miet* would bee  
spa-

spared : Something,  
hath some favour : O-  
bedience is as well seen  
in a little as in much,  
and if he which gives a  
*cup* of cold water shall  
not lose his *reward* : I  
can never be so *poore* to  
want this. Where the  
*cruse* and *meale* is low,  
'tis not look'd that the  
*Cake* should be *bigge*.



**A**S we must use this  
World, so we must  
love it, as if wee lov'd it  
not: God would have  
earthly things look'd  
at and affected with all  
tem-

temperance ; We may not be peremptory in our desire of them. But as our SAVIOUR of his cup ; *Father if it be thy will, and yet not my will but thy will.* Beggers must not be choosers. Religion will teach us, in modesty to submit to him, and thinke that our best, which God thinks so.



**S** *Eneca*, a heathen, but a *Philosopher*, would say he was better born, than to be a slave to his body, and they are no bet-



better that are continuall factors for it: Every man layes up for a *hard Winter*, & a *Rainy day*: I will lay up for that day which I am sure *will come*, and am not sure *how soone* it will come.



**T**He bare desiring of earthly things, is not unlawfull; He who first taught us to *pray*, allow'd us this in; *Give us this day our dayly Bread*; 'tis the *excesse*, either in *using*, or in *caring* for them, makes them  
ill

ill to us, that are not so  
in themselves: I will so  
*desire* these as I may bee  
the better for *enjoying*  
them; and so *employ*  
them, as I may have *lit-  
tle to account* for them;  
Why should I abound  
to my *cost*?



**T***Eares* are a second  
*Baptisme* of the *soule*;  
where it is rinsed anew,  
as the finnes of the *old*  
*World*, so of *this little*  
*world*, neede a *deluge*.  
There is but one for-  
row never to be repen-  
ted of, the sorrow of  
re-

repentance: one ly these  
teares goe into Gods  
bottel, and thus blessed  
are they that mourne.



**O**Thers eies are *Ser-*  
*mons* unto mine ;  
when I see a *Peter* wee-  
ping for his denyall, it  
puts mee in minde of  
mine : Why should I  
weepe for the losse of  
my friends, or of my  
health, or of my state,  
and not of my soule ?

There



**T**Here are two kinds  
 of teares ; of joy, &  
 of griefe : and two cau-  
 ses of these kinds : *Hea-*  
*ven* and our *Sinnes* ; the  
 one of *affection*, the o-  
 ther of *remorse*; the one  
 for what we *have done*,  
 the other for what wee  
 would have, these two  
 shall vie teares in mine  
 eyes, to be *forgiven* and  
 to be *dissolved*.



**T**His world is a *stage*,  
 the play is a *tragi-*  
*comedy*

comedy of the life and death of man, every man *playes his part* and *exit*: and it may be he that hath liv'd a *begger*, would not exchange with the K I N G when he comes to *dye*, for then he is rewarded, not according to what he hath *beene*,, but what he hath *done*. I will not greatly care, what *part* I play, but to *do* it well.



**H**ome is home, be it never so homely, sayes the Proverbe: Men goe forth to labour,

bour, and come home  
to take their ease, this  
World is our worke-  
house, and Heaven is  
our home, why am I  
loth to goe to my rest?



**T**His world is the val-  
ley of teares, and we  
may sooner want them,  
than cause to shed them:  
I will bee content to  
sow in teares, that I may  
reape in joy.

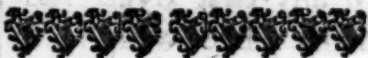


**I** Reade of *Augustus*,  
when ever hee heard  
of

of any that dyed suddenly, hee wish'd him and his friends the like <sup>a</sup>happinesse, hee shall not choose for me: Let him and his brother-heathens, pray for their fooles paradise. Our Church hath lean'd us a better Language, *From sudden Death good Lord deliver us.* I ever thought it not a little blessing to dye by degrees. In this case the *farthest* way about is the *nearest* way home.

<sup>a</sup> ευδαιμονίαν, firmilem.

E Me



**M**E thinkes it is but  
*th'other day* I came  
into the world, and a-  
*non* I am *leaving* it: How  
time runnes away, and  
wee meete with Death  
alway, e're wee have  
time to think our selves  
alive: One doth but  
*breake-fast* here, ano-  
ther *dine*, he that liveth  
longest doth but *suppe*:  
We must all *goe to bed*  
in another World. I  
will so live *every day*, as  
if I should live *no more*:  
'tis more than I know,  
if I shall.

All





**A**LL goe to the  
*same home*, but all  
goe not the *same way*;  
one falls by the hand of  
a brother, another by  
the fall of a house, &c.  
Againe, all goe to the  
*same home*, but all goe  
not the *same pace*, one  
dyes in his cradle, ano-  
ther on his crutches, to  
some their life is a  
prey, to others a bur-  
then: *Iob* and *Jonah* are  
weary of living, and  
*Lot* & *Hezekiah* would  
live longer: as for the  
way, I shall ever pray

E 2

God

God that I may take  
my last sleep in a whole  
skinne, but for the  
place, *Come LORD*  
*IESVS, come quickly.*



**D**Eath was given for  
punishment of sin,  
but it is the end of it;  
when we lost *Paradise*;  
we met with this, and  
again when wee part  
with this we meete our  
Paradise : they that  
know whither they are  
going, cannot but wish  
themselves gone, and  
say with our Saviour,  
but in another sense,  
*A-*

*Arise, let us goe hence.*



**T**Hrough how many  
dyings doe wee  
come to our Death?  
And how many deaths  
may we come to? In-  
finite are our waies out  
of this life, that have  
but one way into it: Our  
life is composed of no-  
thing but death: for  
that we may live, other  
creatures dye; againe,  
our child-hood dyes  
and is forgotten when  
we are growne up: Our  
youth dyes when wee

E 3      are

are men : Our man-  
hood dyes when wee  
are aged ; at last our  
age dyes and all dyes,  
and we dye with it : eve-  
ry day dyes at night ;  
now if my life consist  
of *dayes* ; what do I else  
but dye *daily* ?



Favour is a thing to  
Esteeme, but not to  
build on; he that stands  
upon others legges,  
knowes not how soone  
they may faile him:  
Greatnesse is not eter-  
nall. I will never leane  
so hard upon any man,  
that

that if hee breake hee  
shall give me a fall.



THE things of this  
world are in a man-  
ner but apparitions, not  
so indeed : all our  
Pompe is but like the  
strowing of Boughes  
before our Saviour, ta-  
ken up againe strait, our  
provision here is like  
that of the *Gebeonites*,  
apt to moulder, open  
to the theefe, and the  
moath, to bee corrup-  
ted. and stole, we have  
waters, but like those  
of *Marah*, bitter ; wee  
E 4 have

have riches, but wee have crosses; sweet meat, but sowre sauce: they make a faire shew, but they last not; I may say of them as my *Saviour* did of *Israel*, *their goodnes is but as a cloud, &c.* I will use this *world*, but I will be in love with that better onely; why should I delight to be miserable?



**T**His world is a region of *Ghosts*, or of dying men, if not dead; our life is but one continued

tinued sicknesse, and wee are ever in a consumption, wasting: we now accompany those to the grave, whom shortly wee must keepe company with in the Grave: Every man must have his turne, & G o d knowes whose turne is next; it may be *thine*, it may be *mine*, and *mine* before *thine*, God knowes; thou hast more *yeares* ( it may be) and therefore as thou thinkest, some strides before, I am no lesse subject to *diseases*, and therefore no whit behinde, these threaten

E 5

no

no lesse to me, than age  
doth to others : Every  
ache, every stich *tolles*  
the *bell* in mine eares,  
for some have dyed of  
these ; but every strong  
sicknesse *digs* the *grave*,  
and sayes service over  
me, and cryes *Dust* to  
*dust*, &c. Since there is  
a time to dye, & I know  
not the time. I will pro-  
vide for it at all times :  
*Blessed is that servant*  
*whom when his Master*  
*comes he shall find watch-*  
*ing.*

No





**N**O man thinks hee  
shall live *ever*, yet  
most men thinke they  
shall not dye *yet*; other-  
wise, they would dye  
*better*, and more care  
for the heaven they *shal*  
have, than the earth  
they must part with;  
this world will not last  
alwaies.



**O**Vr life is but a  
day, it is now  
noone: who knowes  
how soone it shall bee  
night?

night? I have a great way to goe, and but little money to spend (a little time I meane) my care shall be to make it hold out.



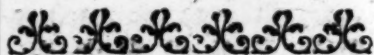
**A**S we doe not gather, so we do not looke for grapes on thornes, or figges on thistles; such as the seed is, such will the fruit be, and such as the fruit is, so will the Harvest be, and one day (if not now) God will reward every man according to his workes, and ill shall

shall be ill requited.



**S**inne & punishment  
are like the Shadow  
and the Body, never a-  
part, like *Iacob* and *E-*  
*sau*, they follow one at  
the heeles of another.  
Never sinne went unpun-  
ished, the end of al sin  
if it be not repentance,  
is hell: if I cannot have  
the first, to be innocent,  
I will labour for the se-  
cond, to repent; next  
to the not *committing*  
of a fault, is the *being*  
*sorry* for it.

That



**T**Hat which we usually say of men, is sometimes true of *Christians*, foule in the cradle, and faire in the saddle; an unhappy boy may make a good man; hee that should have seen *Saul killing*, would little have thought ever to have heard him preaching; we may not judge of the future by the present.

He

*Meditations. Part I.*

---



**H**E runnes farre that  
never turnes. 'Tis  
not with *God*, as with  
men, to say I will *for-*  
*give it*, but I will ne're  
*forget it*; with Him  
sinnes *repented of*, are as  
not done, as a broken  
bone well set is the fa-  
ster ever after, *GOD*  
lookes not at what wee  
have beene, but what  
wee are. Repentance  
makes us friends with  
God, reintailes us in  
the inheritance, and  
by I know not what  
strange heavenly slight  
of

of hand, doth what you would have it. If wee would but downe on our knees and aske forgivenesse, all should be forgotten.



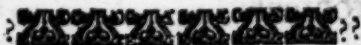
**O**Vr life is but a walke, we come hither but to take a turne or two, and away; and all our life wee are going to our home, and we doe not live but travaile. Some gallop it over, others goe a foote pace: The poore man curseth the houre hee was *born* while he *lives*, be.

because he goes no *faster*; the rich worldling curseth the houre hee was *borne*, when hee comes to *dye*, because he can live no *longer*: it is a like ungodly to bee *loth* to dye because we are happy, and to *desire* to dye, because we are miserable; I have ill learned *Christ*, if I have not learn'd to be content.



**H**Vmility is good to all, best to it selfe, I doe not heare it said he that boasteth of his good

good workes, but hee that confesseth his sins shall finde mercy: the Publican nor the Pharisee goes away justified. *God* never thinkes well of him, that thinks so of himselfe & what he doth: they that *scorne* to be humbled, cannot complaine to bee *scorned*.



**A**LL men would come to heaven, but they doe not like the way, they like well of *Lazarus* in *Abrahams* bosome, but not at *Dives*



*ves doore*, they love heaven well, but they would not pinch for it: silly wretch. all the wealth in the world cannot buy thee into heaven, or out of thy punishment, and this thy glory shall adde to thy torment, that thou art now so well, shall one day be the worse for thee. I had rather wait for my happinesse. than smart for it.



**G**OD preacheth to us no lesse in His judgements than His word;

word, when he strikes offenders, He would warne the standers by, and beats some upon others backes; when I see another shipwreck'd before mine eyes, it bids mee looke well to my tacklings. Every man sees himselfe fall in his neighbour: Others harmes threaten me & say with the *Apostle*, *What makes thee to differ from another?* where the finnes are the same, *Oh God*, it is thy mercy that thy judgements are not.

It



**I**T is not an easie matter for men to beleeve that which they know, what ever they doe, where-ever they are, they are seene: but because *God* is invisible, they thinke *they* are so too, and he *sees not*, because hee is *not seene*: God is inclusively in no place, and yet he is in every place, and heares and sees what is said and done; if we did but consider this, wee would neither doe nor speake what wee would not

not have seen & heard:  
 Consideration would  
 tye mens hands, and if  
 they did but deliberate,  
 they would not sinne.



**I**T is no lesse sinne to  
 be over earnest in *pur-  
 veying* for the Body,  
 than over prodigall in  
*pampering it*: as well  
 Saint *Lukes* foole as his  
 glutton; *Nabal* as well  
 as *Baltazar* is condem-  
 ned of folly: and I  
 heare *Israel* chid not for  
*eating*, but for *laying up*  
 their *Manna*. Make not  
 haste to bee rich, and  
 make

make not waste of thy riches. I will neither feare poverty, nor seeke it.



**O**Vr Eye extends but to the out-side, the skin, the righteoufnesse of the *Scribes* and *Pharisees* will quit any of the censure of men. Hee that fasts, prayes, gives, goes for currant among us, I may not thinke him otherwise in his *heart*, that is not so in his *behaviour*, with us every man goes for what hee seemes, wee dare not pronounce any

any man a *Leper*, till we see the scabbe. It was the evidence our *Saviour* left us, by their fruit you shall know they. *Hypocrites* while they keepe their owne counsell, doe not onely grow among the wheat, but go for wheat. None but *God*, or a *Prophet*, *God in a Prophet*, could give *Gehazi* the lye, and see his sinne through his demurenesse; onely Hee who knowes all things, knowes who are His, and shal'one day gather the wheat into His barne, but shall burne  
up

up the chaffe with un-  
quenchable fire.



**T**O how many, un-  
der God, doe wee  
owe our selves for be-  
ing, to the sheepe, the  
silke-worme, for food,  
rayment? when we are  
at our finest, we are but  
like *Æsops Crow* in stol-  
len feathers, and if e-  
very creature should  
claime his owne wee  
must bee glad of figge-  
leaves againe, or asha-  
med of our nakednesse:  
Why are wee more  
proud of our *Embroy-*  
F *deries,*

deries, than our Grand-fires were of their *Aprons*? Since bo. have but borrowed ; and what hast thou that thou hast not received? Now if thou hast received it, why dost thou glory as if thou hadst not received?



**G**Od made all the world for *man*, man for *himselfe*. other creatures to serve themselves and *us*, us to prayse and give thanks to *Him*; and He who prepar'd a dwelling for  
us



us on earth, is gone to  
prepare a place for us  
in heaven: let us take  
heede lest by our diso-  
bedience wee lose our  
*second* PARADISE.  
as our Fathers did their  
first.



**T**He Covetous man  
hath his eyes in his  
feete, ever poring on  
the earth, all his care is,  
to lay up for many  
yeares like *spiders*, men  
spend their bowels to  
catch flies, trifles: toyle  
and sweat, and all that  
they may leave a little

behinde them when they dye : if they have but somewhat to leave *behinde them*, 'tis no matter whether they have any thing to carry *with them*. All are for the present, *is it not good if there be peace in my dayes* ? He that truly remembers what he hath lost, cannot be so delighted with what he hath, then onely mayst thou say to thy Soule, Take thy rest, when thou hast wealth laid up, not for *many yeares*, but for ever.



**I** Usually see Parents  
 most affect those  
 Children, that most re-  
 semble them; I am sure  
 it is so with God, they  
 are best lik'd that are  
 most like him, nothing  
 shall ever be able to se-  
*perate* Christ from him,  
 that will not *be seperate*  
 from Christ.



**I**T is with the soule as  
 with the graine: that  
 which wee sow pure  
 wheate, comes up with  
 F 3 chaffe

chaffe and straw : there is no fruit but hath it's core, its kernell, its stone : in vaine doe we thinke, while wee live here, to be at our best. It is not look'd, wee should be *Angels* upon earth : the best have their faults : happy is he that hath least and fewest : our prayer must be *Lord, keepe us from presumptuous sinne* : for finnes of infirmity, like ill weeds, grow apace ; *Tears* there will be, well is it with us if wee bee not overgrowne with thornes and bryars, *sursetting and drunkenesse,*  
*&c.*

*&c. and the Day of the  
Lord come upon us una-  
wares.*

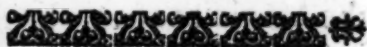


**A**T usuall things wee  
lesse admire; while  
*Moses* doth onely what  
the Magicians can, hee  
is slighted; men are ta-  
ken with something  
that is not ordinary.

All *Samaria* will runne  
out to see a man that  
can tell them all that  
ever they did; and I  
doubt whether the *A-*  
*postles* drew not more  
after their miracles  
than their doctrine,

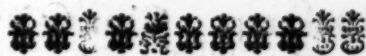
F 4      when

when they beginne to  
heale and cast out Di-  
vels once, *Simon Magus*  
will be one too; I will  
*admire* G O D for His  
power: but I will *love*  
Him onely for Him-  
selfe.



**T**WO things our Sa-  
viour commends to  
us from His other crea-  
tures. *Wisedome* and *In-*  
*nocency*, from the *Ser-*  
*pent* and the *Dove*: The  
wisedome of the one  
may stand with the in-  
nocency of the other,  
nay it cannot well stand  
with-

without it : Innocency  
without Discretion will  
make us too forward  
with *Peter*, and wrong  
our selves : Againe,  
Wisedome without In-  
nocency will make us  
unjust stewards, and  
wrong our Master: both  
doe well, and onely  
both doe well.



**T**He poore man is  
*Gods* lottery: cast in  
earth, and ye shall draw  
heaven; cast in a mite,  
and ye shall draw with-  
out measure : for God  
returns not tenne in the  
F s hun-

hundred, but a hundred  
for tenne. I will bee an  
Vsurer onely to God.



**G**ive, and it shall bee  
given to you: Hee  
that commands the  
one, promises the o-  
ther. Almes never  
made their owner a  
bankrupt; Charity is  
not so ill a servant, as  
to leave the master a  
begger. That *cruse* and  
*meale* shall never waste,  
that the *Prophet* hath a  
Cake of.

It





**I**T is an easie matter  
not to desire that  
which we have not ; to  
complaine when wee  
have no cause, scarce  
speakes us *men*, much  
lesse *Christians*, but  
when all failes to stand  
our ground, and looke  
to heaven for a hand-  
full of supply, speakes  
our faith : At a *Lyons*  
*denne*, or a fiery *furnace*,  
not to turne tayle, is a  
commendation worthy  
a *Prophet*. It is no ho-  
nour to overcome,  
when it is no danger to  
fight.

fight. Adversity best  
speakes a Christian in  
prosperity, it is as easie  
a matter to finde  
friends, as not to need  
them; but when wee  
have nothing left, not  
to leave G o d, nor so  
much as whimper, but  
chide downe our di-  
strust with a *Dèus pro-  
videbit*: My Son, God  
will provide, tryes our  
temper. Then is our  
valour commendable,  
when we can endure to  
be *Iobs*.

When



**V**Hen our Savi-  
*our* would put  
to silence the *distrusters*  
of his time, He points  
them to the Lillies and  
the Crowes: the Lillies  
of the field, not of the  
garden, which are  
digg'd and dung'd; but  
of the field, which have  
no gardiner, but the  
Sunne; no watering-  
pots but the clouds, and  
*your heavenly Father*  
*(sayes He) clothes these:*  
Doth my Father pro-  
vide for others, and  
will he see mee goe na-  
ked?

ked? What will Hee  
thinke too much for  
His Sonnes, that is so  
bountifull to strangers?  
How will Hee cloathe  
them, that so cloathes  
the grasse? If *Salomon*  
in all his royalty was  
not arrayed like one of  
these; the Sunne in all  
his height, shall not  
shine like one of us;  
when Hee shall have  
chang'd our vile bo-  
dies, that they may bee  
like unto His glorious  
body

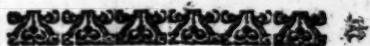
Di-



**D**istrust is a sinne,  
which custom hath  
almost made commen-  
dable. Every man laies  
up Manna for to mor-  
row, forgetting that if  
that bee not wormes,  
they themselves may  
be so. As if there were  
no *heaven*, but pleasure  
and *abundance*: no o-  
ther *hell*, but *affliction*  
and want; if their purse  
grow light, their heart  
growes heavy, their  
mirth ends with their  
store, and they thinke  
no man can say to his  
soule,

soule, *Take thy ease*, that hath not wealth laid up for many yeares : but we are not yet what we *should be*, if wee cannot be content to be what we *are*, what ever it be. Beggers must not bee chusers: 'Tis not for us to teach God which way He shall bring us unto heaven, let us thanke Him that wee come thither any way, and if He will have us suffer before wee shall raigne, downe on our knees, kisse the rod, and not a word, nor a sob.

Where



**V**Here ever  
God is, there  
are these two, *increase &  
multiply; Abraham* and  
*Lot* cannot dwell toge-  
ther, while they dwell  
with him, and I see *Is-  
rael* once too bigge for  
*Goshen*, that is now too  
little for *Bethlem*; give  
a man God, and throw  
him into the Sea, with  
*Israel*, *Jonah*, and hee  
sinks not; needs must  
he swim that is held up  
by the chin.

In



IN apparell we are not  
 to respect meerely ne-  
 cessity, but decency.  
 God never meant Re-  
 ligion should make men  
 slovens or *Stoicks*, as if a  
 man could not [weare  
 good cloathes, and goe  
 to heaven; or a Chri-  
 stian were ever bound  
 in conscience to be [out  
 of fashion: we are not  
 tyed to wander, or to  
 weare sheep-skinnes or  
 goat-skinnes, because  
 the *Apostle* tels us some  
 did, *some of whom the*  
*world was not worthy,*  
 God



God meant that those holy men should bee patternes of *piety*, not of *fashions*. I will never bee niggardly of another mans purse, deny my selfe that which God hath not.



**T**Here may be pride in the meanest things in the world; no lesse the *Cynick* of his *tub*, than *Alexander* of all the *world* besides: *Sack-cloth* and *Ashes* in the same bill, with *purple* and fine linnen, both condemn'd of pride; to  
fast,

fast, and to fare delici-  
ously, is strange, but  
true; & so much worse  
is that pride than  
this, by how much it  
hath a better face; *small  
drink* and Camels haire  
goes away Sainted,  
though but counterfei-  
red, when *open pride* is  
cryed downe of all  
hands: and of the two,  
the least suspected is  
the more intollerable,  
I am sure the more in-  
curable. A knowne' dis-  
ease is every mans cure,  
which when it lyes hid,  
is never medled with:  
There is lesse hope of  
an *Hypocrite*, than an *A-  
theist*. Af.



**A**fflictions are Gods  
mould in which  
He casts his Children,  
*spare the rod and spill the  
childe*, is as true in  
grace as nature. God  
receiveth no Sonne  
whom Hee chastiseth  
not, but 'tis with a gen-  
tle hand, He leaves no  
markes behinde, and  
He hath soone throwne  
away his rod, if with  
unfained resolutiō you  
will doe so no more.  
God though hee beat  
many of His Children  
till they cry, yet He  
never

never beats any for crying.



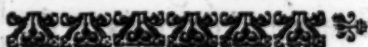
**T**Here is a double life in man, and must be a double nourishment, men live as if there were no more to be done, but *feed* and be *warm*; food and rayment are the maine businesses of the World: 'Tis true, wealth and friends, and health, are things to thanke God for, but better desires better becomes Christians, the Christian man *lives not by bread onely,*

*onely, &c. Meate for the belly, and the belly for meate, but God shall destroy both it and them; every good mans meate and drink is to do the will of Him that sent him.*



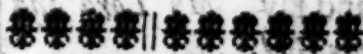
**G**Od hath given us this ayre to breathe in, it doth not *give*, but *continue life*; 'tis the *meanes* of living, not the *Author* of life: God gives it us to use, nor to serve. How many make this world their God, and serve it? and God  
(as

(as it were) but their  
World to make use of?  
I will never bee a ser-  
vant to my *slave*.



**G**OD though he be  
ever the same in  
Himselfe, He is not al-  
wayes so in us, though  
Hee love those whom  
He doth love unto the  
end, yet not without  
Intermission. Men com-  
monly never know the  
benefit of a thing but  
by the absence of it;  
wee could not so well  
esteeme of *health*, if it  
pleased not God wee  
were

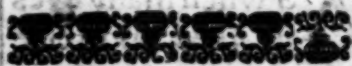
were sometimes sicke:  
 the long absence of a  
 desired friend makes  
 him more welcome at  
 his returne; thus *Christ*  
 is pleas'd sometime to  
 withdraw His pre-  
 sence, that with more  
 earnestnesse wee might  
 be drawne to seeke Him:  
*Tell mee, Oh Thou whom  
 my soule loveth, where  
 thou feedest? &c.*



**A**S when many eyes  
 are fixed upon one  
 picture, every one  
 thinkes the eyes of the  
 picture to bee fixed on  
 him: so with our soules,

G all

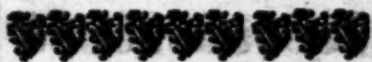
all looke together at God, but every one must appropriate Him to himselfe. To know that God is the God of *Abraham*, the God of *Isaac*, and the God of *Jacob*, is but a weake assurance that Hee will provide for me, unlesse also He bee my God; our faith, as our charity, must begin at home, and say, *My Lord and my God.*



**O**ur *Saviour* doth not say, doe unto others as others do unto



to you, but as you  
would have others doe  
unto you. If thou woul-  
dest have thy neigh-  
bour doe thee right, do  
so to him though hee  
have done thee wrong,  
*Lex talionis* was never  
a good *Christian Law*;  
If I forgive not, I shall  
not be forgiven.



**A** She cannot rise a-  
gaine the resurre-  
ction of the body, that  
doth not first dye the  
death of the body, no  
more can he be *born* the  
birth of the soule, that  
doth

doth not first dye the death of sinne. It is necessary that hee which will bee borne twice, should *dye once* while he lives, and hee that will once rise the resurrection of life, should *dye twice*. That I may live ever, I will dye daily.



THat two contraries cannot consist in the same subject, is as good *Divinity*, as it is *Philosophy*; Good and evill are like Fire and Water, ever contending

ding till the one bee  
conquered; either my  
sinnes and I must part,  
or *God* and I: I cannot  
bee at once Gods  
*Church*, and the diuels  
*chappell*.



**I**T is the fault of a  
great many, if *God*  
beare with them in their  
sinnes, they thinke hee  
countenances them: if  
they bee not presently  
stricken dead with *Vx-*  
*zah*, they goe on; when  
they smart not, they  
beleeve not, and hee is  
not fear'd till felt. Sick-  
G 3      nesse

nesse is not thought of  
till death. nor that till  
hell, forgetting that the  
long sufferance of God  
should lead them to re-  
petance, hee forbears  
us that hee might for-  
give us; shall I sinne be-  
cause grace abounds?  
*God forbid.*



**G**OD, as hee is infi-  
nite in mercy, so is  
Hee in justice; and as  
His mercy extends to  
thousands in them that  
love him, so doe His  
judgements to many  
generations of them  
that hate Him. That  
He

Hee is long in *comming*  
is no argument that He  
will *not come*, forbea-  
rance is no acquittance:  
the longer our time, the  
greater our account, if  
we have liv'd long, and  
liv'd not well, of young  
Saints prove old Di-  
vels, we had beene bet-  
ter have gone to *heaven*  
young, than to have li-  
ved to these yeares to  
goe to *hell*: miserable is  
that mans case whose  
latter end is worse than  
his beginning.



**T**HE relation betweene sinning and falling is so neere, that they are us'd promiscuously the one for the other. Now it is a hard matter to fall without *hurt*, and once downe, it is not an easie matter to rise without *helpe*: Where it is so dangerous to fall, and so hard to rise; if we love our selves we will looke to our footing.

Most



**M**Ost men feare to  
heare ill, that feare  
not to doe ill; the ar-  
rantest hypocrite in the  
world would not bee  
thought so, hee would  
not bee censur'd for sin,  
that feares not to be  
damned for it, and is a-  
fraid of holding up his  
hand to the barre, that  
is not afraid of standing  
at the *Tribunall seate of*  
*God*. All the care is how  
to sleep in a whole skin,  
not so much to *live wel*,  
as to *dye safe*, keep with-  
out the compasse of the  
G 5 Law,

Law, thongh they  
come within the reach  
of hell. If this bee not  
to feare men more than  
*God*, I know not what  
is.



**I** Should wonder ma-  
ny times to see sinne  
so smugge, to heare a  
*Judas* at his haile Master  
and kisses; did I not re-  
member of what Sire  
they come, the Divell:  
and that he can still per-  
sonate that goodnesse  
he once *had*. He would  
be more shunn'd, if hee  
could not bee mistaken,  
that is not suspected in



a disguise, where the  
adversary is so subtile,  
they had neede bee *wise*  
as *Serpents*, that would  
be *innocent* as *Doves*.



**C**harity so forgives  
offences, that it is  
ready not onely to par-  
don the offender, but  
to doe for him, and  
thinkes it selfe not in-  
nocent that it *starves*  
not it's enemy, while  
it *sees* him *starve*. What  
little difference is there  
in Religion betweene  
*not saving* and *killing*?  
we are not commended  
that

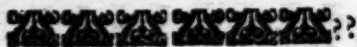
that we requite not e-  
vill with the like. We  
have not forgiven inju-  
ries if we doe only not  
revenge the, if wrongs  
tye our hands from do-  
ing good where wee  
ought and may, they  
prove *finnes* to us, that  
were but crosses; and  
wee wrong our selves  
more by not *doing*, than  
by *suffering*: and God  
*shal so forgive us our tres-*  
*passes: For with what*  
*measure I mete unto o-*  
*thers, it shall be measured*  
*unto me againe.*

*God*



**G**OD deales by *us*  
as Hee would have  
us deale by *others*, and  
we must doe by *others*,  
as we would have them  
doe by *us*, and all of us  
deale one with another,  
as we would have *God*  
deale with all of us. As  
I cannot love *God* and  
hate my brother, so can  
I not be loved of *God*.  
How justly is the *fire* of  
Envy punished with the  
*fire* of hell?

It



**I**T cost *God* more to  
redeeme the world,  
than to make it: He that  
made mee with a word  
speaking, when hee re-  
deemed me, spake, and  
wept, and bled, and dy-  
ed to doe it: what can I  
thinke too much to en-  
dure for his sake, that  
was made a curse for  
*mine*?



**I**T is with us here as  
with *Gedeons fleece*;  
one while the ground  
is

is wet, and the fleece is dry, another while the fleece is wet, and the ground is dry. Sometime we have Raine, and Faire Weather would doe better ; anon it is Faire, and raine would bee welcome: And it fares with our bodies, as with our estates, now happily wee have health, & want meanes, then againe wee have other things, and want health; all our delight here is like our selves fading: and many times with *Balthazar*, wee are fetch'd off in the midst of our jollity: Nothing  
here

here but ebbing and flowing, tumult and alteration; in heaven onely shall wee rest from our labours: now if we love our *ease*, why doe we so love our *lives*?



**T**He good man takes his God as he doth his wife, for richer, for poorer, in sicknesse and in health: wee may not alwaies judge of Gods *favour* by His *bounty*. I am but a novice in Religion, if I thinke I cannot be Gods sonne, and miserable.

Com-



**C**ommonly those  
men are hottest in  
the pursuit of honour,  
that least deserve it;  
While deservednesse  
sits still, and bides his  
leisure that gives and  
takes where he list, and  
when, and how, and to  
whom; and at last is  
importun'd to the  
place, not for the good  
he shall receive, but for  
that he may doe: he will  
not bee great upon all  
termes, but will rather  
endure poverty, than  
part with his honesty,  
and

and not sell his soule to  
buy a purchase; *What*  
*wil it profit a man to gain*  
*the World, and lose his*  
*soule?*



Christ is in us, as the soule is in the body, he gives life; we are in Christ, as the branches in the Vine, whence we receive life. Let our care be to offer up our selves living sacrifices to him, of whom wee live and move: 'Tis all hee requires, an egge of his owne Bird, some minutes of that time which



which hee hath given  
us. What can I doe  
lesse? one good turne  
requires another, if I  
love not those that love  
me. I come short of In-  
fidels.



**S**elfe-conceitednesse  
is the sinne in fashi-  
on: 'Tis a hard matter  
not to thinke well of  
our selves; I am not  
behinde the least of the  
*Apostles* (ye know the  
Voyce) and if hee had  
not beene *buffeted*, hee  
had beene *exalted* above  
measure, and carryed  
high-

higher in *conceit*, than  
 hee was before in his  
*extasie*: hee that well re-  
 members from what he  
 once fell, cannot but be  
 ashamed of what he is,  
 and fall yet lower: *Oh*  
*Lord, I am lesse than the*  
*least of thy mercies.*



**M**Alice never wats  
 a marke. He who  
 hath *nothing*, hath *some-*  
*thing* to be envied for,  
 and if nothing else, hee  
 is envied for this, that  
 he is content with his  
*nothing*. It is hard to be  
 prosperous, and bee lo-  
 ved

ved at once: Those that  
will bee great, shall bee  
envied; it is hard but  
safe, to bee contented  
with a little: but if I  
cānot avoid ill tongues,  
my care shall be not to  
deserve them; and then  
let *Shimei* curse.



**I** Seldome see sinne  
but in a religious tire:  
Nay but I reserv'd  
them for sacrifice, was  
Sauls to Samuel: for sa-  
crifice not for prey.  
Goodnesse is the best  
disguise of evill, either  
seeme what thou art, or  
be

bee what thou *seemest* :  
*God* is not mocked.



**T**Heir sinne is more unpardonable that sinne of purpose: malice leaves the owner as without excuse, so without hope; Sinnes of ignorance excuse a *tanto*, save some blows. I may and doe sin daily against my will, I will not against my knowledge.

## What



**V**What more glorious Master than *God*? What better Mother than the Church? How glorious is that calling that at once serves such a Master, and such a Mother? As it is our glory to *serve* them, so it must be our glory to doe them good *service*. God in us sets the world copies of piety, and we must live to others no lesse than preach: As we are more *eye*, so wee are more *look'd*

look'd at, mores in others eyes are beames in ours : many things are lawfull that are not expedient, and somethings are expedient in respect of the person ; that are scandalous meerely for the chaire ; that which is reproveable in another, is in us a reproach: seeing it is so, what manner of men ought we to be?



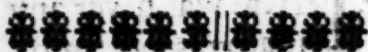
Promotions are neither from the East nor from the West, but from God : Hee that  
hath

hath them and not of  
His gift, hath them  
with a vengeance, who  
would not rather wish  
to want, than to bee  
great so?



**T**Here was never any  
that was not ambi-  
tious: every man is born  
a *Corah*, onely some  
more superlative than  
other. But of all men I  
most wonder at those  
that are ambitious onc-  
ly to bee talk'd of, and  
since they cannot bee  
*notable*, they would bee  
*notorious*, and with *Cain*  
H be

bee mark'd though for  
murtherers. Whether  
I know much, or am  
knowne of many, it  
matters not, onely this  
I will care for, that  
God may not say to me  
in the last day, I know  
thee not.



**P**Ride is good to  
none, worst to it  
selfe : when *Adam*  
would better his *know-*  
*ledge* hee lost his *dwel-*  
*ling* in Paradise, and  
when those builders of  
*Babel* would mend their  
*dwelling*, they lost their  
*know-*



*knowedge.* The rich of  
being great, potent, or  
pointed at, how many  
hath it undone? I will  
never care to bee or to  
know, that which I  
know shall repent mee:  
what commendations  
is it to have been some-  
body?



THE tongue is the  
onely betrayer of  
the minde: The foole  
while hee is silent is not  
discovered. I will not  
be more thrifty of any  
thing, than of my  
speech; I had rather be  
H 2 *thought*

*thought to know a little,  
than be knowne to know  
nothing.*



**T**Here is but one thing  
a Christian need de-  
sire of God, that's a  
cleane heart : *Create a  
new heart, &c.* There is  
but this one thing that  
God desires of a Chri-  
stian, his heart : *My  
sonne, give me thy heart ;  
and this I will onely de-  
sire to have, that I may  
give. A broken and a  
contrite heart, Ob God,  
thou wilt not despise.*

*Ed to her hand I : doo*  
*aloudt*      *s H*      **The**



**T**He *Kings daughter*  
is all glorious with-  
in, but yet her rayment  
too is of wrought gold;  
our outside, our life  
must tell the world  
what wee are within. If  
our lives doe not an-  
swere our profession, we  
are Pharisees, wee say  
and doe not.



**I**T is a common fault  
to forget what wee  
have beene, when we  
are changed, for the  
blood H 3 bet-

better : how many have beene resolved for heaven in their sicknesse , that in their whole skinne have disclaim'd it, and requited the recovery of the body with a relapse of the soule. To receive good at the hands of the *Lord*, and not evill, is unreasonable to expect : but to receive good at the hands of the *Lord*, and returne evill, is wicked and not to bee endured. I will never pray more heartily to *God* for a blessing, than for grace to manage it; Wherefore should

should I bee blessed to  
my cost?

\*\*\*\*\*?

**V**With GOD all  
things are not  
onely alike possible but  
easie, and he can as well  
of stones make *Abraham*  
*children as of Iewes.* I  
will never despaire of  
him that can doe all  
things, I cannot bee so  
infinitely sinfull, as God  
is mercifull. *Oh God, if*  
*thou wilt, when thou wilt,*  
*thou canst make me whol;*  
why should I give my  
selfe over, where my  
*Physician* doth not?

H 4 Works



**V**Orkes with-  
out faith are  
like a suit of *cloathes*  
without a body, empty:  
Faith without works is  
a body without *cloathes*,  
no warmth, want heat;  
Workes without faith  
are not good workes,  
and faith without good  
workes is as good as  
no faith, but a dead  
Faith. Then onely are  
they themselves, when  
they are together, what  
God hath joyned, let  
no man put asunder.

Our



**O**ur actions are never pleasing to God, when our light doth not shine before men; let your light so shine before men, that they may see your good workes, and glorifie your Father which is in heaven; that your Father which is in heaven may one day glorifie you.



**VV**ith men, confesse and suffer  
H 5 is

is good justice, but with God, the contrary to confesse our sinnes is the next way to be forgiven them; that soule is past hope that lyes speechlesse. I will ever pray; *Oh Lord, open thou my lips, and my mouth shall shew forth thy praise, and my owne sinnes.*



**P**Ray for them that curse you, doe good to them that, &c. Is *durus sermo*, a hard saying, and against the haire; 'tis not so easie a matter to forget an ill turne, as  
to



to *doe* one, yet this must  
be if we will be *Christi-  
ans* : he that will not be  
in charity, shall never  
bee in heaven. Why  
should I *doe* my selfe a  
shrewd turne, because  
another would?



**I**T was the divell that  
first made us enemies  
to *God*, and it is still hee  
that makes us enemies  
to one another; it is not  
for nothing ( I have  
thought) that he is pain-  
ted with a cloven foot,  
he loves *divisions* so  
well, and there is no  
grea-

greater argument of a  
 diuell incarnate, than a  
 malicious heart : say  
 what thou wilt, but I  
 will never beleeeve thee  
 against Scripture, that  
 thou lovest God whom  
 thou hast not seene, that  
 lovest not thy brother  
 whom thou hast seene ;  
 if we love Him, we will  
 love one another.



**I**F we will bee *Christs*  
 Disciples, wee must  
 leave all, but 'tis not all,  
 wee must take up our  
 crosse too ; be ready to  
 take it up, not of our  
 selves,

selves, but if it bee laid  
 upon us, we must suffer  
 *willingly* for *Christs* sake,  
 we must not suffer *wil-*  
 *fully*, or throw our  
 selves into the fire. He  
 that bids us *suffer*, bids  
 us *flye*, If they persecute  
 you in one City, flye,  
 &c. It is our commen-  
 dation to *endure* the  
 stroke or the Faggot,  
 it is not to *seeke* it; when  
 zeale runnes without  
 discretion, warrant, it  
 commonly make smore  
 haste, than good speed;  
 C H R I S T would  
 have us innocent, but  
 wise too, Serpents as  
 well as Doves, lay  
 downe

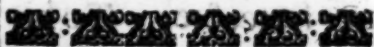
downe our lives for his  
 sake, but not *fling* them  
 down; we must neither  
 goe like *beares* to the  
 stake, nor like *mad men*,  
 neither runne to our  
 martyrdome or *from* it :  
 Pray with our S A V I -  
 O U R, if it be possible to  
 misse the cup, or but to  
 kisse it, but still not my  
 will but thy Will, wee  
 must submit all to *God*,  
 and thinke that fittest  
 for us which He thinks  
 so.



**T**Hat which I heare  
 from *David*, I  
 would

would heare from every good man, Thy word is a *Lanterne* to my feete, &c. To his feete, not to his eyes alone, if wee use the Word of *God* onely to gaze on, and see fine stories, to *discourse* by, not *live* by it ; wants his use, and wee want our goodnesse, and shall want our glory: knowledge without practice addes to our punishment together with our sinne. How many *Pharisees* have sate in *Moses*, that shall never sit in *Abrahams* bosome onely for this, because they

they knew and did  
not.



**V**Orkes of piety  
must never go  
without humility; hee  
that prayes and is not  
humbled, like the *Pha-  
risee* in the parable,  
goes away worse than  
hee came. When thou  
prayest, thou askest  
blessing, and doe it on  
thy knees, if to your  
earthly Father, how  
much more to your  
heavenly : Men have  
inverted the course  
now, they *drinke* their  
health

health upon their  
knees, and *pray* for their  
health upon their *tails* :  
God shall answer such  
men according to their  
manners , proudly.  
Why should **G O D**  
stoope to their wants,  
that stoope not to their  
owne ? wee cannot bee  
too humble when wee  
are to speake to that  
Majestie , whom wee  
cannot see and live, and  
whom we shall one day  
see and live to our cost,  
if we bee not humbled ;  
thanke God thou hast  
knees to bow, how ma-  
ny would that have  
not ? why shouldest  
thou

thou bend and cringe  
and bow, to thy father  
or thy friend, or thy  
betters, and not to thy  
God?



**P**Rayer is the *Jacobs*  
ladder of the soule  
whereon it goes up and  
downe to God, and  
conferres with Him; in  
our prayers wee *blesse*  
Him, and by our pray-  
ers we *blesse* our selves:  
there is no part of  
Gods worshop more  
acceptable or more  
profitable than this of  
prayer, and none more  
fligh-



flighted, men come to prayer as a thing indifferent; wilfull negligence in leaving it undone, and coldnesse in doing of it, are the sin almost of who not? onely, *Oh Lord, do thou be merciful to the neglect of thy people.*



**T**Here are many services and many Masters, and yet no man can serve two Masters, that is, two of a contrary disposition; for there is the world, the flesh, and the divell;  
and

and yee may serue all these at once, nay ye cannot serue one and not all; the glutton he serues his belly, and with *Esau* sells his birth-right, his blessing, for pottage: the drunkard hee serues I know not well what, whether the drinke, or the company, or his appetite, or all, but in steed of quenching his thirst, drownes his soule: the envious man, and the furious man are alike in this, both serue the passion, onely here they differ, the envious man with *Sampson*, wil brain him.

*himself* so he may brain  
*others*; the furious man  
braines *others* so long  
till at length hee bee  
brained himselfe; the  
usurer hee serves his  
gold; the adulterer hee  
serves his lust, but all  
serve one chiefe Lord,  
one Master, the Divell,  
and shall all receive the  
same Wages, *which is*  
*the wages of all sinne,*  
*death*, Why should  
God pay them for their  
paines, that goe not  
of His errands?

( \* \* )  
\* \*

FINIS.



*Horæ Succisivæ,*  
OR,  
SPARE-HOVRES  
OF  
*Meditations;*  
VPON OVR DVTY  
To { GOD,  
Others,  
Our Selves.

The Second Part.

*The fifth Edition, correct-  
ed and much enlarged,*

By JOS. HENSHAW,  
D. of Divinitie.

LONDON,  
Printed by T Payne, for Ralph  
Mabbe. 1640.




TO  
THE RIGHT  
Reverend Fa-  
ther in G O D , and  
*Right Honourable,*  
WILLIAM,  
Lord Bishop of Lon-  
don, one of his Maie-  
*sties most Honou-*  
*rable Privy*  
Councell.  
(†††)





Right Reverend and  
my honoured  
LORD,

 He world is  
full of bookes,  
he knowes no-  
thing, that doth not  
know in print; I com-  
plaine, but adde to the  
number, yet I am per-  
swaded if men would  
but know their last,  
there would bee lesse  
done, or lesse adoe; I

## The Epistle

censure no mans ende-  
vours. I cannot but  
condemne those ultra-  
crepitafts that with  
Festus will teach  
Saint Paul Divinity:  
I desire to keepe my  
penne to my plough;  
onely something duty  
enioynes mee, great  
things my owne imma-  
turity forbids me, such  
as I have, I have pro-  
vided: Ingratitude of  
all is the worst look'd  
sinne, Verball thank-  
ful-



## Dedicatory.

fulnesse little differs  
from ingratitude, such  
is mine faine to bee:  
Bookes are but words;  
but many times that is  
accepted, where wee  
like, which from others  
would bee counted  
cheape; Your Lord-  
ships favour makes  
mee thus bold to put  
these Ludicra, trifle-  
houres to that view  
which is not us'd to  
trifles: I have beene  
late and long sicke;  
I 3 some

## The Epistle

some of my sicke thoughts ( being now well ) I am bold to present ; that they are worse than is wish'd or look'd for , is not want of respect , but skill. The matter is almost as divers as the pages nugæ miscellanæ of Directions, Instructions, Resolutions ; what wee should doe, what we should be ; in all which I desire onely to shew my selfe  
to

## Dedicatory.

to your Lordship, not  
to the world; a testate  
of my duty, not of my  
proficiency; what I doe  
owe; not what I could  
doe; my penne as my  
knowledge may lagge  
behinde with the last,  
my prayers shall Vye  
with the formost for  
your Lordships fruiti-  
on of all happinesse  
here, and of eternall  
happinesse hereafter.

Your Lordships in all humble  
duty to be commanded,

*Ios. Henshaw.*

*[Faint, illegible handwritten text, likely bleed-through from the reverse side of the page.]*



SPARE  
HOVRES  
OF  
Meditations.

*The Second Part.*



Blessed are  
the *poore*, for  
theirs is the  
*kingdome* of  
*Heaven*: How are they  
poore that have a *King-*  
*dome*? or what *King-*  
*dome* is wealthy, if not  
I 5 that

that of *heaven*? or why  
complain'st thou of  
that poverty; that  
saints thee? that is a  
happy soule that makes  
*even* with God every  
*night*; and every *morne*  
beginnes the World a-  
*new*.



**G**Od is *love*, and he  
that loveth, is  
borne of God, and God  
loveth him; so there is  
no love lost; by this  
are wee knowne to bee  
Gods sonnes, and  
Christs Disciples, if we  
love one another: I may  
love

love others for other respects, my enemies that they may be good to mee, or my friends, because they are so : but God I will love, because I will love Him, and because he is to bee beloved.



VVHē I at first look  
out into the world  
and see many men (and  
those none of the best)  
in better case, I thinke  
my selfe forgotten, and  
wish for more : but  
when I remember my  
account, I feare I have  
too

too much, and forget those wishes; It may be if I had more *wealth*, I should be more *riotous*: *outward* losses are sometimes *gainfull*, and it is good for us that we are *afflicted*, it would bee worse with us, if it were not sometimes thus bad; many if they were not kept short of *these*, would come short of *Heaven*: Hee knowes us that keeps us, and if He will have us *Lazar's*, and not *Dive's*, bring as to Heaven that way rather than another, His will bee done; let Him give my goods to the



the poore, and my body to bee burn'd, and bring mee to *Heaven*, though in a *fiery Chariot*; I cannot complaine of the *foulenesse* of that way that carries mee to *God*.



THINGS which wee come easily by, wee easily part with; lightly come, lightly goe; true friendship, as it is hard to *finde*, so it is hardly *lost*, and therefore hardly *lost*, because hard to *finde*: I will put up many *injuries*, before I put

put off one friend; small  
 faults I will swallow: o-  
 thers I will wink at;  
 and if hee will not bee  
 my other selfe, I will  
 bee *his*, and change my  
*nature* before my friend:  
*friends* like stones, get  
 nothing by rolling.



**V**Ve are content  
 with a little, whē  
 wee are by our selves;  
 who puts on scarlet, &  
 resolves not to be seen?  
 or is serv'd in plate,  
 when there is none to  
 take witnesse of it? Na-  
 ture if it would but bee  
 pri-

*private*, it would not be so *costly*, most men are therefore *covetous*, because they are *ambitious*, and love the stage; and desire to *have* much, that they may have much to *shew*, and set their *land* upon their *cupboards*, I think they would shew more of their wit, if they shew'd lesse of their substance, they doe not so much shew that to their guests as themselves, and are admir'd at, not for the abundance of these but the want of the other.

*Pride*



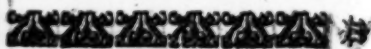
*P*Ride and *Vncharita-*  
*blenesse* are finnes, in  
*fashion*, and the *one* the  
 cause of the *other*, many  
 think they should want  
 for their *pride*, if they  
 should but bee *charita-*  
*ble*; I have often won-  
 dred and grieved to see  
 a *rich porch*, and a *poore*  
*Christians walls cloath'd*,  
 and *men goe naked*. Say  
 what thou wilt, but I  
 am sure with the Apo-  
 stle, That hee cannot  
 love *God* whom hee  
 hath not seene, that  
 loves not his *brethren*  
 whom

whom hee hath seene,  
and can indure to see  
*miserable.*



**M**Any are therefore  
friends to *others*,  
that they may be friend  
*themselves* : and like  
leaves in *winter*, fall  
from the trees when  
they beginne to *wither*,  
and with Saint *Peter*,  
*know not the man*. How  
many doe wee nicke-  
name *friends* at *large*,  
that prove but *strangers*  
at a *pinch* ; that will be  
your *servants* in a *com-*  
*plement*, and not know  
you

you in a *businesse*? I will not desire of God not to have *friends*, but not *such* friends, or not to *need* them.



**V**Ve owe more to God for *re-*  
*deeming* us, than for *ma-*  
*king* us; His *Word* made  
 us, but when it came to  
*redeeme* us, that *Word*  
 must be made *flesh*, and  
 that *flesh* must *suffer*: in  
 our *creation* He gave us  
 our *selves*; but in our  
*redemption* Hee gave us  
*Himselfe*; and by gi-  
 ving *Himselfe* for us,  
 gave

gave us our *sel ves* againe  
that were lost; so that  
wee owe our selves, and  
all that wee have twice  
*told*: and now what  
shall we give unto thee,  
O Thou *Preserver* of  
men, for our selves thus  
*given* and *restored*? If  
wee could give our  
selves a *thousand* times  
over, yet what are wee  
to God? and yet if wee  
do give our selves to  
Him and His service,  
such as we are, and such  
as we can, He *accepts* it,  
and will *reward* it. I  
will never grudge God  
His *owne*. I have no-  
thing that is not His;  
and

and if I give it to Him,  
He will restore it againe  
with interest, never a-  
ny man was a loser by  
*God.*

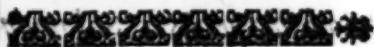


**T**He best ornament  
of the *body* is the  
*minde*, and the best or-  
nament of the *minde* is  
*honesty*; I will care ra-  
ther how to live *well*,  
than how to goe *fine*.  
I may have an ill *gar-*  
*ment*, and come to *Hea-*  
*ven*; I cannot, and have  
an ill *soule*. He who *first*  
bids us cast our care  
upon *Him*, did not so  
meane,



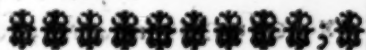
meane, as if wee should  
take *no care our selves* ;  
it will not come to our  
share, to *sit still* and cry,  
*God helpe us : Salomon*  
hath reed his fortune,  
that will not *worke in*  
*summer*; therefore shall  
hee *starve in winter* : It  
was the destiny sinne  
brought upon the  
world, *in the sweat of thy*  
*browes thou shalt eat thy*  
*meate*, and thanke God  
wee can have it so : *Hee*  
*that made us without our*  
*selves* , *will not keepe us*  
*without our selves* ; it is  
mercy enough for us,  
that we eat with swea-  
ting. I will never thinke  
much

much of my paines,  
where it is rewarded  
with a *blesing*.



**I**F an *Asse* do but *speak*  
*once* in a world, as *Ba-*  
*laams* did, a *beast* have  
any part of a man in  
him, wee wonder, and  
justly ; but let a *man*  
have every part of a  
*beast*, goe upon all  
foure, and wallow with  
the *drunkard*, or lose  
his speech together  
with his legges, 'tis  
ne' retalk'd of. It is the  
property of a man to  
speake, as of a beast not  
to

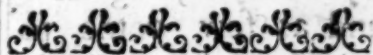
to speake: why doe wee wonder to heare a *beast speake*, and not wonder to heare a *man* not able to *speake*? or how justly doth hee *want* the blessing, that cannot *aske*?



**I**T was our Saviours  
to his Disciples, *Be-*  
*bold, I send you as sheepe*  
*in the midst of Wolves;*  
blessed *Saviour*, didst  
thou not care for thy  
Disciples? or if thou  
didst, why are they not  
rather sent, as *Lyons* in  
the midst of *sheepe*;  
than

than as sheepe in the  
midst of Wolves? E-  
ven becaule Hee *loved*  
them, therefore Hee so  
sent them, that out of  
the *Lyons* mouth they  
might come forth more  
glorious, as there shall  
bee ever some *poore* to  
exercise our *charity*, so  
there shall bee some  
*wicked* to exercise our  
*patience*, some buls of  
*Basan* to *compasse*, &c.  
Where the enemies are  
so strong and so many,  
they had need bee wise  
as *serpents*, that will be  
innocent as *doves*.

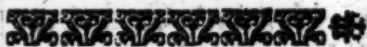
De.



**D**esperately *wicked*  
is that of some, if I  
shall be *sav'd*, I shall be  
*sav'd*: as if Heaven  
would come *unlook'd*  
for, and they should bee  
*sav'd*, whether they  
*would or no*. God never  
did, nor will save any  
man in spight of his  
teeth, or against his  
will; as we cannot keepe  
body and soule toge-  
ther without sweating;  
no more can wee bring  
our *soule* and *God* toge-  
ther with sitting still;  
never any got *wealth*;

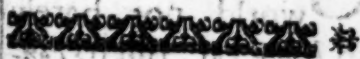
K by

by barely *wishing* for it  
and as few come to  
*Heaven*; by meerely  
*desiring* it. There's a  
*race* to be runne, and a  
*battaile* to bee fought;  
and as well in *religion*  
as in any thing, we must  
*work* for our living.



**I**T is appointed to *all*  
*men*, once to dye: death  
is a punishment of sin,  
not sinne it selfe; yet  
sure it is the *height* of  
punishment when it is  
*sudden*; I doe not desire  
*not* to dye at all, but not  
all at *once*. I know I  
*must*

*must dye, and I thinke  
of my death, yet is it  
not alwaies in my  
thoughts; the best of us  
all may bee taken nap-  
ping. I will ever pray  
God when he doth fell  
mee, not to doe it at a  
blow, that I may see my  
selfe falling, and be-  
thinke mee in the fall;  
and thus it is a comfor-  
table thing to fall into  
the hands of the living  
God.*



**H**Ee that *knowes* his  
Masters will, and  
*doth it not*, shall bee bea-  
K 2 ten

ten with *many* stripes; and yet I cannot say whether shall be worse beaten, hee that *may* know it and *will not*, or he that *doth know* it, and *doth it not*; the one sins against his *knowledge*, the other finnes because hee *will not* know, and shall one day not bee knowne.



**G**OD made this world not barely to *looke* on, but to *con-tem-plate* on, and of Him in it: here the Christian and the Philosopher part,



part, *they* are led by *reason*, *we* by *faith*: *they* *argue*, *wee* *beleewe*: *they* enquire the *manner*, *how* all were *made*, the *Christian*, *why*: Hee is not curious in the *manner*, but looks at the *end*, for the *glory* of *God*, and the *way* to our glory: and useth them not for *spectacles*, but *motives*, to the glorifying of him of whom hee hath them; and if wee enjoy these as wee should, we shall one day enjoy him from whom wee enjoy them.

K 3

This



**T**His World is oft  
 compar'd unto a  
 sea, our life is the Ship,  
 wee are the passengers,  
 the grave is the com-  
 mon haven, Heaven is  
 the shore; and well is  
 the *grave* commonly  
 compar'd unto a *haven*,  
 for there wee unload;  
 the things of this world  
 are neither borne  
 with us, nor doe dye  
 with us: wee goe out  
 of this world as wee  
 came into it, naked:  
 why are wee so cove-  
 rous of those things,  
 which

which are so hard to  
get, and so certaine to  
be *lost*? If I enjoy them  
*all*, I shall not enjoy  
them *long*: or if enjoy  
but *some*, I shall shortly  
have *use* of *none*. I will  
comfort my selfe a-  
gainst the *want* of them,  
with the assurance that  
I shall one day not have  
need of them.



**V**Ho can but  
once looke  
backe upon his *creation*,  
and dares distrust God  
for his *preservation*?  
whether is it easier to  
K 4 give,

*give, or to continue life :  
to keepe thee or to make  
thee ? If He have given  
thee the greater, why  
dost thou distrust Him  
for the lesse ? Or if thou  
distrust Him for earth,  
how will you take His  
word for Heaven ? Oh  
God, they have forgot  
of whom they live, that  
distrust thee for their  
life.*



**T**His life is a *race*,  
and we do not *live*  
but *travell*; but we have  
*another* race beside this,  
of our *soule* as well as of  
our *body*; since *both* must  
be

be runne, and the one  
will not tarry for the  
*other*: I will try who  
can runne fastest; if I  
have finished my *life*  
and not my *course*, I  
have made more *haste*  
than good *speede*.



**E**Very thing else hath  
*a beginning*, it is one-  
ly Gods title, *Which was,*  
*and is, and is to come:*  
*Eternity* is onely there;  
our glory must bee, not  
that wee *have* liv'd ever,  
but *shall* doe so.

K 5

If



**I**F we look but out in-  
to the world, we shall  
see almost as many *mi-  
racles as things*, that *trees*  
and *plants* should every  
yeare dye, and recover;  
that the *Sunne* should  
onely *lighten* and *warme*  
the earth, and not *burne*  
it; that the *heavens*  
should distill its raine in  
*drops*, and not in *rivers*  
full, and *drowne* us,  
where they doe but *wet*  
us; *God* is not lesse *mi-  
raculous* in *preserving*  
the World, than in *ma-  
king* it; and as His *mer-  
cy*

cy, so His glory is over  
all his workes.



**R**eligion with some  
men is but a matter  
of *fashion*. Many are of  
*Agrippa's* Religion, al-  
most Christians; such  
men shall bee *saved*, as  
they do *beleeve*; almost:  
God will nevet owne  
such *halfe-fac'd* follow-  
ers. The hypocrisie of  
a Pharafee, would have  
shamed thee into an  
*outside* of Christianity,  
and *unlesse* your righte-  
ousnesse exceed the righte-  
ousnesse of the Scribes  
and

and Pharisees, you cannot enter, &c. It is not onely want of *grace*, but *wit*, to dissemble where we may be discerned, if I will needs bee a Christian, I will bee one to some purpose



I Heare men commended now adaies as the Lord did the unjust steward, because they deale *wisely*, not *honestly*, 'tis held no crime to deceive, but to be *seen*, to be *discovered*, that's a foule fault, he is a novice that doth that, the  
care

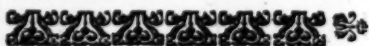


Care of many is, not to live *innacent*, but *close*, and they cast, how to goe (as *Saul* to *Endor*) to the *Divell* in a *disguise*; but they cozen onely *mens* eyes, *Gods* they cannot; and since they will nor be known for what they are now, they shall not be known for what they would bee one day. God shall say unto them. *Depart from me ye workers of iniquity, I know you not.*



**T**O *dissemble* sinne  
was never the way  
to

to be pardon'd it, onely  
hee that *confesseth* his  
sinne shall finde *mercy*:  
never bee asham'd to  
say, what thou wert  
not asham'd to doe:  
blush to *commit* them,  
but not to *tell* them; it  
is better that the world  
note thee for a *sinner*,  
than God for an *hypo-  
crite*.



**S**OME there are that  
*heare* onely to tell,  
and many times make  
differences, where there  
were none meant, it is  
not good alwaies to tell  
all

all wee heare; many a man speakes that in his anger, which in coole bloud, hee would not owne; and wee doe a *double* wrong by relating that which the one is sorry to heare, and the other to have *spoken*, when hee is himselfe. I will heare *all*, and report onely the *best*, hee that makes debate betweene others, layes a *bait* for *himselfe*, it is safe and honest to *compose* discords, but *show* none. I will labour what I can, to set others *together*, but not by the *ears*.

When



**V**Vhen we behold  
 (for who can  
 choose) such a world  
 of sinnes in every cor-  
 ner of the world; *buyers*  
 and *sellers* in the *Tem-  
 ple*, and not whipped  
 out, selling our foules  
 for the provision of  
 their bodies: others  
 with *Zimri* and *Cosbi*  
 out-facing judgement;  
 how, doe we not won-  
 der & blesse our selves  
 that we enjoy so good,  
 so much, some thing,  
 any thing? that *Phara-  
 ohs* leane kine are not  
 scene amongst us, and  
 the

the metamorphosis of  
famine, of the heavens  
to *Brasse*, and the earth  
to *Iron*? that either the  
clouds are not shut, to  
*with-hold* their raine, or  
that the windowes of  
heaven are not *opened*,  
to raine not water, but  
fire and brimstone? It is  
admirable where the  
fact is so foule, that the  
reprive is so long? Oh  
Lord wee have nothing  
to say for our selves,  
but acknowledge, it is  
thy mercy that wee are  
not consumed.

Good



Good natures are  
wonne rather with  
*intreaty*, than curstnesse,  
if we do not more love  
God, for His goodnesse  
that Hee doth *preserve*  
us, than feare Him for  
His *power* that Hee can  
*destroy* us, His mercies  
are ill bestow'd, and  
worse imploy'd, wee  
have not receiv'd the  
spirit of bondage to  
*feare*, I will love God,  
and *honour* him, but I  
will be *affraid* onely of  
*offending* Him.

God



**G**OD loves timely  
 holinesse, remem-  
 ber thy Creator in the  
 dayes of thy youth. Na-  
 ture ever begins at the  
 wrong end, layes in,  
 and layes up indeed,  
 but for the theefe and  
 the moth. With *Abso-*  
*lution* the first care is taken  
 to leave a monument be-  
 blinde, and when they  
 are sealed upon earth,  
 they will see if G O D  
 have any thing to say  
 to them for *Heaven*: &  
 the best part is the last  
 provided; such shall  
 one

one day have their heaven to seeke, because they will not have it to seeke now. He that will not when he may, &c. You know the Proverbe: Hee that doth not seeke the Lord, while Hee may bee found, cannot complaine if he doe afterward seeke, and not finde:



**A**LL finnes are forbidden trees to us, and we are so much **A**DAMS sonnes in nothing as in our disobedience,



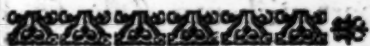
dience, ever reaching  
after that wee should  
not; *to do good*, there is a  
*Lyon* in the way; but to  
evill, like *Salomons*  
murtherer, how swift  
are our feete? So then,  
it is not going *fast* that  
carries us to Heaven,  
but going *right*: I will  
care rather to set my  
foore downe *sure*, than  
to take it up *quicke*;  
What am I the neerer  
to goe a *great* pace and  
the wrong way.



**E**Very man is his  
owne worst foe, and  
his

his greatest enemies are  
those of his own house:  
wee may thank *our*  
*selves* that we live at no  
more ease than we doe;  
*In the sweat of thy browes,*  
*thou shalt eat thy meate,*  
was of our owne procu-  
ring. Wee had never  
knowne so much *evill*,  
if we had not desired to  
know too much *good*,  
our ambition hindered  
our preferment; wee  
were at first made *hap-  
py*, and wee made our  
selves *miserable*, and  
now wee are *miserable*.  
*God* hath chalked out a  
way to our *happinesse*,  
now if wee love misery  
ra-

rather than blisse, it is  
fit wee should have e-  
nough on't,



**A** Good man, stil the  
*longer* he *lives*, the  
*better* hee dyes; men  
should grow *better*. as  
they grow older; not  
like a dead hedge, the  
*longer* it stands, the *rot-*  
*tener*. To see a man  
white in his leprosie  
leaving the *world*, and  
not his *avarice*, & with  
Saint *Lukes* foole, dye  
thinking of his *barnes*,  
is horrible I had rather  
have no -portion on  
earth,

*earth*, than buy it with that I shall have in *Heaven*; I will not (with the Curre in the fable) part with my *flesh*, for its shadow.



**T**He way to *sweeten death*, is to think of it, every day I live, I will remember I might *dye*; and I will not desire to live a day *longer*, than I grow some *drammes better*: What will it benefit mee that I have liv'd some hours which I cannot answere for?

World.



**V**Worldly minds,  
 mind nothing  
 but Worldly things.  
*Laban* and *Nabal* thinke  
 of nothing but their  
*sheep-shearing*, and *ma-*  
*king merry* when they  
 have done; their *busi-*  
*nesse* is thought on, not  
 their *salvation*; for they  
 make that no part of  
 the *businesse*, onely  
 matter of *course*; grudge  
 God His *service*, and in  
 His *service* the *length* of  
 it; and pay God His  
 due, as *Laban* did *Iacob*  
 his wages, with an ill  
 L will,

will ; and would fetch it backe againe if they could tell how : and yet these men that will steale time from God for their *profit* and their *businessse*, will steale time from their businessse for their pleasure : He that will breake the *Sabbath* for an houres worke, will breake off his *worke* for an houres drinking. Thus they prefer the *humouring* of their soules, to the *sa-ving* of them. I will never sell Heaven for *company*, it is better being a good *Christian*, than a good *fellow*.

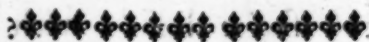
Eve-



**E**Very man would be thought to bee in love with *heaven*, and yet most men are loth to shake hands with *earth*; here is the difference betweene the heavenly Language and ours; they cry, *how long*. Lord, *how long*? and we cry, *how soone*? they thinke Hee stayes too long, and we thinke He comes too fast. I will labour to bee a *follower* of those, with whom I would bee *partner*; hee hath not yet enough

L 2      conn'd

conn'd Heaven, that is  
loth to goe to it; that  
voyce onely is worthy  
an Apostle; *I desire to be  
dissolved, and to be with*  
CHRIST.



**T**He just man shall  
live by his *faith*,  
and others live by his  
*charity*: true faith is  
seene in its *workes*; hee  
that sayes hee *beleeves*,  
and doth not *shew it*, be-  
leeve him not. To make  
shew of beleeving, and  
not in thy *workes*, is to  
shew thy *Hypocrisie*, but  
not thy *faith*.

Not





**N**OT every one that  
eats his meat in the  
sweat of his browes,  
shall eat bread in the  
Kingdome of *Heaven*:  
and yet it is not eaten  
but with *sweating* nei-  
ther: but 'tis such a  
sweat, as will make thy  
*heart* ake, and not thy  
*lims*: prizes are not had  
but with *hazard*, he that  
will drinke of the wa-  
ter of the Well of *Be-  
thel*, with *Dauids* Wor-  
thies must thorow his  
enemies: the water of  
*life* is not had, but with

hazard of our *lives*. My  
 comfort shall bee that  
 though I lose my *life*,  
 for **C H R I S T S** sake,  
 I shall not lose my la-  
 bour. Or, who would  
 not lose *this life*, which  
 hee is ever looking to  
*leave*, for that which he  
 is sure *ever* to enjoy;  
 Oh Lord, wee want  
 lives to lose; I cannot  
 endure enough, to  
 come to *Heaven*.



**T***His* life, as if it  
 would *never* bee  
 done, is ever *providing*  
 for; *Eternall life*, as if it  
 would

would never *begin*, is never *preparing* for. I will care for this life, but not *dote* on it; I will remember I shall live *e- ver*, but not *here*.



**T**He love of the *earth* is the disease of the world, and that gulfe between *Abrahams* bo- some and us, to *forsake house and land, &c.* that they doe not like of, if Christ would but leave out, that same, *leave all*, men would doe well enough with Him: they would enjoy *this*

L 4 world,

world, but not with the losse of a *better*. Again, they would enjoy *that*, but not with the losse of *this*; they would have their *Canaan*, but they would have their *flesh-pots*; they love the *blessing*, but they would not lose their *pottage*: with *Naaman*, they will worship no other god, but yet, *the Lord be mercifull, &c.* when I enter into the house of the god *Rimmon*. They would so please *God*, as they might neither displease *others*, nor *themselves*, and would part stakes with *G O D*; let such  
juglers.

juglers in religion looke  
upon *Saul* in the *Old*  
*Testament*, and *Anani-*  
*as* in the *New*, and reade  
their judgement: what  
society ha: h *light* with  
*darkenesse*? The *Arke*  
and *Dagon* were never  
friendly house-holders:  
thou canst not at once  
have two such guests  
as *God* and the *divell*;  
If one *heaven* could not  
hold them both, how  
shall one *heart*?

♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦

**N**O man is so provi-  
dent for his *owne*  
good, as *God* is for eve-  
ry mans; every sinner

L 5

is

is an *Absolom* to Him,  
and He doth not onely  
wish, *Would God I had  
dyed for thee, &c.* But  
dyed indeed: we doe not  
so desire our owne sal-  
vation, as He doth all  
ours, *promiseth, perswa-  
deth, begges* our obedi-  
ence, He leaves no way  
*untried*, that Hee may  
leave us *inexcusable*,  
wash His hands of us,  
and say, *perditio tua ex  
te, &c.* Our destruction  
if it come, is from our  
selves; if wee could but  
wish well to our owne  
soules, wee could not  
but doe well: and yet it  
is not *wishing*, but *doing*  
well

well that doth the  
deed. I will doe what I  
can, and I will desire  
to doe what I should  
and cannot. God ac-  
cepts a *willing* minde,  
and if I am willing be-  
yond my ability, He  
will either make me a-  
ble, or accept my *will*.  
O God, thou that wor-  
kest in mee both to *will*  
and to *doe*, worke my  
will to *thine*, and my  
*power* to my *will*, that I  
may not onely will or  
desire, but doe thy  
will.

God



**G**Od doth not looke  
 for every *thing*  
 from every *one* : for ten  
 talents where Hee left  
 but *two* : onely He there  
 exacts much, where  
 He hath given much : if  
 the seed of *thorny*, or  
*stony* ground bring  
 forth *no* fruit, or *withe-*  
*red*, it is no marvell, but  
 where Hee hath *dung'd*  
 and *gooded*, to expect a  
 crop is but *reasonable*.  
 The more I have, the  
 more I have to *answere*  
 for; the greater my  
*trust*, the greater my  
*ac-*



*account* : Let others care how to get *more* ; my care shall bee how to pay for that I have already.



**A**LL lands doe not yeeld the same things, and the same land doth not yeeld *all* things : thus God divides His blessings to us, as He doth to these, to some strength of *body*, to another strength of *wit*, to one *health*, to another *knowledge*, &c. He hath distributed to no man *all* things : yet,  
to

to every man some thing; hee is strangely miserable, that hath nothing; but this doth not please, if every one have not *all*, they grow *surly*. What wilt thou give mee, since I goe *childelesse*? could the *best* of the *Patriarks* say: It is hard and rare to see that in others, which we want our selves, and would have, and be still. Whil'st I am in this world. I shall ever behold this *inequality*, and if I cannot make a covenant with mine eyes, I will with my *heart*: Since I cannot but see it.

it, I will learne not to  
repine at it: *is it the Lord*  
let Him doe whatsoe-  
ver He will.



**G**Od calls some men  
to Martyrdome,  
when others would  
startle at a *stake*, and yet  
good Christians too:  
all *men*, as all *trees*, are  
not fit for *fuel*, that are  
fit for *use*; every one  
cannot hold out against  
the *prison*, and the  
*hatchet*: It is an easie  
matter to dare affliction  
before it come, and  
when it doth come, run  
away

away from it. Wee know not of what spirit we are, what metall we are made of, our prayer must bee, first not to meete with persecutions, and next to endure them (*but not meete them.*)



**E**Arth is but our roade to Heaven, and the things of this world, like *high-way* fruit, are common to all: the Sun shines, and raine falls alike upon the just, and upon the unjust: lest they should be thought evils,

evils, they are given unto the good, and lest they should bee too well thought of, they are afforded to the evill. There is another good, which is wholly the *Godly's*, and wholly to bee sought for the kingdome of *Heaven*, and the *righteousnesse* thereof: they, whose kingdome is not of this world, can see the kingdomes of this world (with their SAVIOUR from the pinnacle) and contemne them, or at least not fall downe and worship them. It shall not trouble mee that I  
am

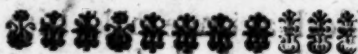
am out-bid in these things by others; I will bee contented to excell them in better things, the *comfort* I have, and the *glory* I shall have.



**T**He *covetous* man never hath enough: like *Pharaohs* leane *kine*, eats but is never the fuller; *toiles* and *sweats* and *wakes*, and *wants* for all this; it is a greater misery to desire *much*, than to have *nothing*; of no man can it be better said, all is *vanity* and *vexation* of spirit: he is his

his own tormentor, and doth at once make himselfe a hell *here*, and provide himselfe one *hereafter*; he is never at rest till hee rest his last, which yet is the beginning of a worse torment; so hee robs himselfe, both of the pleasure of *this* life, and of a *better*. It is good to be covetous of good things, and labour for the food which perisheth not: of this I will never have enough, but pray; *Lord give me ever more of this bread, ever and more.*

All



ALL that God made  
 at first was *good*; He  
 made them so, Hee left  
 them so: if they be not  
 still so, the *dishonour*  
 may bee His, the *smart*  
 will bee ours; their  
 goodnesse consists in  
 their good *usage*, and  
 our sinne in the *abuse* of  
 them. God make us but  
 to remember *why* they  
 were made, and wee  
 cannot be to seeke how  
 they should be *used*.

Our





**O**Vr Saviours commendation of *Iohn Baptists* was, that he was a burning and shining lampe : the hypocrite, like a glow-worme, shines but burnes not ; others, like hell fire, burne but shine not: and must look to have their portion in the fire, they resemble. We are not excusable, if we do only shine and not burne, or burne and not shine, the one wee see condemned in the *Laodiceans*, because they wanted

ted heare; the other in the *foolish Virgins.*, because they wanted light. Hee must first shine on *earth*, that will after shine in *heaven*, & burne on *earth*, that will not burne in *hell*.



**R**Est is the *whetstone* of labour. And that which wee usually say of hope, is true of this, if it were not for rest, the heart would breake: wherefore God hath given for every *day* a *night* to rest in, and for every *seven*, a *day* and a *night*.

night. We could not live if we had not this, yet this must not be our life, to live at ease: hee shall never enter into Gods rest, that so loves his owne.



**E**Very one almost, with the *Iemes*, is weather wise, and prognosticates without book, when you see a cloud arise out of the *West*, ye say there comes a showre, &c. hypocrites that can discern the face of the weather, and not of the times: how vainely are men

men inquisitive for the provision of their *bodies*, and let their *soules* shift: you will not *plant* or *graft* without consulting with your *neighbours*, and your *Almanacke*; but in the point of *salvation* huddle on, and the *Minister* and *Gods Word* is not intended: How ill holp up art thou to know the state of the *heavens*, and not of thy *soule*? If thou wilt needs contemplate it, behold it as thy *home*, not as thy *Calendar* to better not thy *knowledge*, but thy *life*, or thy *knowledge* of a  
bet-

*better* life, and thy desire of that place where the Father of life is, and where thou desirest to live.



G O D made not *death*, neither delights Hee in the *destruction* of the living: Oh G O D, suffer not that which thou diddest not make, to prevaile over that which thou hast made & *redeemed*. Man is the *glory* of His maker, and thy glory thou wilt not give to another: and suffer not us

M to

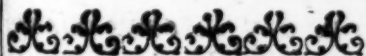
to sell that glory thou  
hast already given, that  
we lose not our share of  
that glory thou hast yet  
to give.



**I**N some cases and  
some *things*, a man  
may know *too much*. It  
is not good to bee pry-  
ing into the *privy Coun-*  
*sailes* of God: I doubt  
whether some mens o-  
ver-boldnesse with the  
*hidden* things of God,  
have not made them an  
*accursed* thing to them,  
& pressing before their  
*time* or *leave* into the  
Holy

*Meditations. Part 2.*

*Holy of Holy's*, have barred themselves from ever comming thither at all: why should we call for *light*, where God will have none, and make windowes into heaven? I will admire God in Himselfe, and be content to *know* Him no farther than in His *word* where this light leaves mee, I will leave enquiring, and boast of my *ignorance*.



**VV**hat I have already done,  
was done long before,  
M 2 and

and what I am yet to doe, is already done before God ; this shall be my *comfort*, that I can neither *doe* nor *suffer* any thing, without His *knowledge* and *leave*.



**G**Od hath given man charge of His *other* creatures, and His *Angels* charge over Him, and they are now our keepers, that shall bee one day our *companions*; great is His love to us in this care, and great should our care bee to continue this love, and  
since



since wee are alwaies in  
*His sight*, and *theirs*,  
 why doe we at all that  
 which wee would not  
 have seene ? My care  
 shall bee, not to *shunne*  
 His sight, but not to  
*provoke* His anger :  
 what I *doe*, He *sees* : and  
 I will doe it as I would  
 answere it.



**T**Hose that honour  
 me, wil I honour: is  
 a bargaine of Gods  
 owne making : Gods  
 honour is the way to  
 ours, we cannot but bee  
*blest*, if we will but bee

*observant.* I will care  
onely to serve *Him*, and  
I am sure I shall serve  
my selfe. Never any  
man lost in Gods ser-  
vice.



**H**Ee who dwels not  
in *tabernacles* made  
with hands, will dwell  
in *tabernacles* which  
His owne hands have  
made; even the hearts  
of men: and wee enjoy  
Him though we do not  
see Him, for no man  
hath seene God at any  
time: He is *invisibile*, but  
not *ensensible*. Our bles-  
fed-

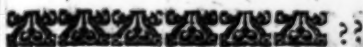
sednesse consists *here* in  
*feeling* of Him, in *hea-*  
*ven* in *seeing* of Him,  
 whom yet I do not see,  
 and shall one day see as  
 I am seen: in the meane  
 time I will doe nothing  
 which I would not  
 have Him see, or may  
 rob me of His sight.



I Have read of the *Hart*  
 that hee weepes every  
 yeare for the shedding  
 of his head, though to  
 make roome for a *bet-*  
*ter*: thus I see the *world-*  
*ling* goe away sorrow-  
 full at that saying; *Goe,*  
 M 4 *sell*

*sell all that thou hast,*  
though it bee for trea-  
sure in Heaven ; men do  
not looke at what they  
are to have, but what  
they are to part with,  
and are for one bird in  
the *hand*, above five in  
the *bush* ; but hee that  
consults with his body  
for the .saving of his  
soule, will never bring  
it to heaven. Let mee  
*sow in teares* , so I may  
*reape in joy* , I will bee  
contented with the hea-  
ven I shall have.

Many



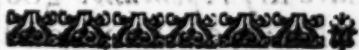
**M**Any a man is therefore sinfull, because it is *gainefull*. By *Diana* wee live, that shall bee their *god*, that they can live by ; but hee traffickes ill for his *soule*, that loseth it, to fill his *coffers*. I had rather bee *poore* than *wicked* ; it is not thy poverty but thy *sins* that shut thee out from God, it is better going to heaven in *ragges*, than to hell in *purple*.

M 5 It



**I**T is with the growth  
of our *soule*, as with  
the creation of our *bo-  
dy*, wee come up by *de-  
grees* : First, with *Nico-  
demus*, we must be borne  
again, and then wee  
must dwell a while at  
the *sucking-bottle*, from  
strength to strength :  
which the *Eunuch*, from  
reading the Scriptures  
to *understanding* them;  
from *understanding* to  
*applying*, from *applying*  
to *practising*, of *bearers*  
we become *knowers*, of  
*knowers doers* of the  
Word,

Word, from perfection  
on to perfection, from  
persecuting the Church  
with *Paul* to preaching  
to it: till we come from  
*Dives* doore to *Abra-*  
*hams* bosome, from ea-  
ting and drinking, from  
marrying and giving in  
marriage, to bee as the  
Angels in heaven.



**M**Any live as if they  
came but into this  
world, to make merry  
and away, and after  
some yeares of quaffing  
with *Nabal*, dye of a  
drunken fit: it were wel  
for

for such men, as they have liv'd like *beasts*, if they could dy like them too, never to *live* again: but *alas* they cannot, here's their misery; that they onely leave their pleasures behinde them and not their finnes. I will labour to leave my Sinnes behinde me, and have my *repentance* goe before me, & my good works follow after me, and I shall meete with pleasures that never shall have an end.

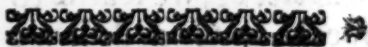
The





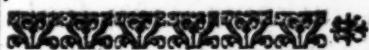
THE eares are the  
doores of the soule;  
without these wee were  
but artificiall creatures,  
men only in *shew*: hence  
we *know*, we *discourse*,  
we *beleeve*, we learne to  
speake to God, & heare  
God *speake* to us; with-  
out these we could not  
speake, not know, not  
understand; in a word,  
by these (under G O D)  
we are what we are; but  
some there are that *can-*  
*not* heare, others that  
*will not* heare. It is a lesse  
judgement to want the  
*power*

power of hearing, than the *will*, to be *born* deaf, than to *become* so; they that cannot heare are the more excusable, but they that *will not* heare, it were farre better for such if they had no eares



**E** Very *envious* man is a *mad-man*, for hee will *starve* himselfe, to see another *thrive*, hee needs no other *lent* than his neighbours welfare, other mens prosperity in his *gallowes*; where hee will hang him-

himselfe a hundred times over, and at last, with *Achitophel*, once for all: I will not so desire of God to have much, as not to covet much: hee that can but thinke his owne *enough*, will never thinke anothers *too much*. I will never grudge any mans going before mee, but to *Heaven*.



**M**Ost men looke for the *theefes* Paradise, to meete with **CHRIST** upon His *crosse*, Heaven upon his *death-*

*death-bed*, and reserves his repentance, as the *best* bit, for the *last*: and meane to goe out of the *world*, and out of their sinnes all together. But how shal *God* then heare them, that before could not bee heard of them; In this case it is good being *formost*, why should'st thou put off repentance till to *morrow*, when for ought thou know'st thy soule is going to *hell* this night without it?

*God*



**G**OD give thee of  
the dew of *heaven*,  
and of the fatnesse of  
the *earth*, was *Isaacks*  
blessing to mistaken *Ia-*  
*cob*. First of the dew of  
*heaven*, and then of the  
fatnesse of the *earth*,  
( for alas what is earth  
without a blessing from  
heaven ? ) but of *Esau*  
quite contrary, first of  
the fatnesse of the *earth*,  
and then of the dew of  
*heaven*; your *Esaus* pre-  
ferre earth before hea-  
ven, and therefore have  
their heaven upon  
earth,

earth, God gives them as much as they care for : *Ishmael* shall be made a great nation, and that's enough, but hee goes a wrong course for his soule, that thinkes preferment is the way to happinesse. My endeavour shall bee not to leave a name behinde mee upon earth, but to finde it written in heaven.



THE Sunne is plac'd  
in the heaven, as the  
heart in this little world  
of ours, keeping its seat  
in

in the middle, lends life to every part, whereas if it had beene seated *above*, it would have beene miss'd *below*, and if *below*, it could not so easily have communicated above; so that I know not whether we owe more to God, for *creating* the Sunne, or for *placing* it; not in the lowest sphere then (like another *Phaeton*) instead of *lightning* the world, it had *burnt* it; or did it change place with the higher Planets, wee should complaine of cold, so wisely hath God provided for our wel-

wel-fare, with our being, and hath set the Sunne not too neare us, lest wee should complaine of it, nor too far, lest wee should want it, but in the middle, where it is neither an ill neighbour, nor too great a stranger: when wee doe but looke upon what we have, wee cannot distrust God for what we have not, and would have. Oh God, they deserve to want, that can distrust thee in sight of these.

What-





**W**Hatsoever was  
 necessary for  
 our *preservation* was cre-  
 ated; and whatsoever  
 was necessary for our  
*salvation* was written. I  
 will neither desire to  
 know more than G o d  
 hath revealed, nor to  
 have more than he hath  
 provided.



**G**Reat mens actions  
 are authenticke : If  
*Herod* and *Caiaphas* but  
 begin, *Christ* shall have  
 fifts

fists enough about His  
eares ; if *Abimelech* lead  
the way , every man  
cuts his bough , and  
askes no question : with  
inferiours , *Example*  
doth more than *Precept* ;  
& like men in a *streame* ,  
they doe not *swimme* ,  
but are *carried* : Doe a-  
ny of the *Rulers* beleewe  
in him ? is thought ar-  
gument enough why o-  
*thers* should not ; these  
see but by *their* candle ,  
and if the *light* be dark-  
nesse , how great is their  
darknesse ? I will doe  
nothing which I would  
not have God see , and  
others *learne* ; else my  
light

light were better under  
a bushell, *unseene*, than  
*follow'd* where it should  
not, thus I shall helpe,  
not to *light* others, but  
to *burne* them,



**O**F *idlenesse* comes  
no *goodnesse*, doing  
*nothing* will in time  
come to doing *ill*, and  
from being *idle* to be  
ill occupied; the la-  
bour that is impos'd  
upon the soule is not to  
sit still, but to *runne*.  
Good men must not be  
like *Dauids* images that  
have *feet*, and *walk* not;  
then

then onely have wee  
hope to come to our  
journeyes end, when  
we keepe *going*.



**S**OME mens devoti-  
on is like *hangings*,  
which they can take off  
and tacked on as they  
please : out-sides of  
Christians ; their hands  
and their eyes like some  
tombe which they have  
mark'd , are *lifted up*;  
and they talke as the  
*divell* to our Saviour,  
nothing but *Scripture* :  
and with the *Pharisee*  
give farthings in the  
*market-*

market-place; and yet  
all's but *alchymie*, but  
counterfeit: these are ill  
men, but well thought  
of. If I am not what I  
should bee, yet I will  
not seeme what I am  
not, or bee an ill man in  
good esteeme; what  
am I the better, to bee  
a Cast-away with cre-  
dit?



**V** What is G O D  
to me without  
C H R I S T? and what  
is Christ to mee with-  
out *faith*? and what is  
my faith to mee with-  
N out

our *charity* ? but a *dead* faith ? and if my *faith* bee *dead*, what am I else but a *dead man* ? As it is vaine-glory to boast of our workes, so it is in vaine to boast of our faith without workes.



**G**Od as Hee loves young holinesse, so Hee loves it old ; ye are those that have continued with me, &c. was the praise of the *Apostles* ; *Perseverance* is the pillar of our salvation: if that faile, all goes to the ground. What com-  
men-

mendation is it to *have*  
done well? If thou hast  
forsaken thy first *love*,  
if thou hast lost thy first  
*hopes*. He must carry his  
goodnesse to his *grave*,  
that will have it carry  
him to heaven.



**I**F we look but on our  
*bodies*. we have matter  
enough of *wonder*, to see  
such a *Common wealth*  
of order; such a *world*  
of varieties in this little  
world of ours: But  
when wee cast our eye  
aside, on that part  
wherein wee resemble

N 2      *God,*

God, the *soule*; how doe we *blush*, and are ashamed at our houses of *clay*? that so glorious an Image should dwell so *meanely*, so pent up? that the *Body* should be a companion for the *Soule*, which shall one day be a companion for *Angels*? but thus was God pleas'd to allay our *pride*. We should have thought too well of our selves, if we had not had some *piece* of us, like other creatures of the earth, *earthly*. It shall not trouble mee what metall my *body* be made of; if my *Soule* bee *heavenly*,



venly, my body shall one day be so too.



WHEN God saw the thoughts of mans heart that they were *evill*, and onely *evill*, & continually: It is said, it *repented* Him that He had made man; and that man whom He shall see so still, will have just cause to repent him, that ever hee was made, if hee doth not *repent* him of what hee hath done. God make mee bee but truly *penitent* for my  
N 3 *sin,*

sinne, and I shall never  
repent me of my being.



**I**T is a great way, and  
requires a long time  
to come to *heaven*; I  
admire their *strength*,  
or rather *weakenesse*,  
that talke of getting it  
at the last *gaspe*, as if it  
could bee had with a  
wet finger: I know  
those that have liv'd  
some yeares, and taken  
some *paines* too, to set  
themselves forward,  
and if they come thi-  
ther at *last*, will thinke  
they have done *well*  
too;

too ; for my owne part,  
I neither *desire*, nor *hope*  
to enjoy it without a  
great deale of *difficulty*,  
*anguish*, and *agony* : and  
shall thinke it labour  
well bestowed, that I  
have it upon any terms.



**M**En usually mea-  
sure others by their  
owne *busshels* : they that  
are *ill* themselves, are  
commonly apt to think  
*ill* of others ; since no  
man is free from *slan-*  
*ders*, I will not presently  
believe the *worst* of any  
man, but I will speake

onely the best.



**O**Vr greatest enemies are *within* us: and therefore our greatest victory is to subdue *our selves*: there is no such *slavery* as to bee a slave to ones selfe; it is a strange *weaknesse*, but *ordinary*, to bee at every mans becke, but our owne.



**O**Ld men are twice *children*; and some, as if they were children  
for

for *yeares* again, as well as for *discretion*, waxe most *worldly* when they are *leaving* the world; and as their bodies draw nearer the *earth*, so their mindes grow more *earthy*: as if they were to live anew againe, or should set up againe *under ground*: It is good and commendable to use these things while wee have them, yet still so, as remembering we must *part* with them. I will never bee loth to part with that which I cannot enjoy long, for to enjoy that which I shall *never*

part with.

\*\*\*\*\*;

E  
E<sup>to</sup>

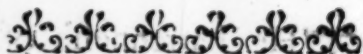
**E**Very man for himself,  
and God for us all is a  
common position, but an  
ungodly one: that God  
is all in us, and all in all,  
is true: but that wee  
should bee all for our  
selves is wicked: every  
man for himselfe, and  
every man for another.  
Thou it may bee hast e-  
nough, and to spare,  
another hath not e-  
nough to live; why  
hath God given thee so  
much above others, but  
that thou should'st  
spare

spare somewhat of thine  
to *relieve* others ? It  
may bee thine owne  
case; Every man knows  
his *beginning*, not his  
*ending* ; in the meane  
time thanke God, that  
thou art not so, and  
helpe those that are.



**T**He barrennesse of  
the *body* is sometime  
a curse, but the barren-  
nesse of the *soule* is ac-  
cursed; that is a *punish-*  
*ment*, this a *sinne*, and  
punished with *hell*. We  
came not into this  
world, meerely to fill  
up

up roome, but to bring forth fruit, not for *shew*, but for *use*: Our chiefe study must bee not for *ease*, for *riches*, or *pleasure*, but *fruitfullnesse*: If we are all for *pleasure*, our fruit is *hell*; and if wee are *fruitfull*, our pleasures shall never end.



**B**lessed are they which dye in the Lord, for they rest from their labours: in this world, there is nothing but dangers and discontents, vanity and vexation: then



then onely shall wee be  
at *rest*, when wee cease  
to *be*: If wee thought  
more of *this*, we would  
not thinke much of our  
*affliction* If I am never  
so beleaguer'd with  
*sieknesse*, or *want*, or *fa-*  
*mine*, or all at once, I  
will remember I came  
not into this world to  
take my *rest*, but to pre-  
pare for it.



THat ground is very  
hard, where the tra-  
vellers foote leaves not  
impression: and that  
heart's very *stony*, where  
Gods

Gods blessing not onely takes no *roote*, but leaves no *signe*, as soone forgotten as receiv'd; 'tis all He askes for all Hee doth, a thankfull heart: With what face can we expect GOD should give *us* our asking, that deny *Him* His?



God made other creatures for *mans* service, man for His *owne*: them for our *use*, and us for His *glory*: How much, O Lord, doe we owe to thee for our selves and them, that hast

hast so abounded to us,  
above them, and hast  
not made them but for  
us? Teach us to give  
our selves to thee for  
them, who hast given  
them to us, for our  
selves.



God is glorified in *all*  
His creaturs, but not  
in all *alike*; some glori  
fie Him in their *beauty*;  
others in their *deformi-*  
*ty*: His glory is not lesse  
seene in our *wants*, than  
in our abundance: in  
striking with *blindnesse*,  
than

than in *healing* the  
blinde; no lesse in *Iero-*  
*boams* arme *dryed* up,  
than *restor'd*: therefore  
doe wee see some want  
their *sight*, o'hers their  
*feete*; and yet it may be  
neither for the *childes*  
sinne, nor the *Parents*, as  
our Saviour told the  
people, but that the  
glory of God might be  
seene. Againe, wee see  
not onely by *nature*, but  
by *accident*, one, with  
*Mephibosheth*, by the  
negligence of a Nurse,  
another with *Abime-*  
*lech* by the fall of a  
stone lose a *limme*, or  
their *life*: when we see  
this

this in others, and not in our selves; how are wee not thankfull to God for our selves beyond others? *Leapers* in Soule (God knowes) and it is His mercy wee are not so in Body; whereby wee should at once neede the *helpe* and want the *company* of friends, and not onely bee *miserable*, but *shunn'd*, I will pray se God not onely for the *good* which I have, but for the *evill* which I might have, and have not.

Our



**O**UR SAVIOUR,  
 knew what He did,  
 when Hee taught us to  
 pray: *Our FATHER*  
*which art in heaven, &c.*  
 To give us, and to for-  
 give us, for He *onely* can  
 do both; none can for-  
 give sins, or give grace,  
 but God alone. Yet  
 doth hee not alwaies  
 give with His *own hand*,  
 but reacheth grace and  
 salvation in His *Word*  
 and *Sacraments*, by the  
 hands of His Ministers;  
 and because no man  
 can heare His voice and  
 live,

live, He speaks in *them*; it is the wonder of His goodnesse, that Hee respects not onely our *wants*, but our *infirmities*, and would so appeare to us, as He might *teach* us, but not *fright* us: Thus wee see Him speaking to *Moses* himselfe, to *Israel* by *Moses*: Hee proportions the meanes answerable to our *strength*, wee are not like our *Maker*, if we thinke scorne to *steepe* to the weaknesse of our *brethren*. I will bee all things to all, that by a-ay meanes I may win some.

A



A Good *tree* is known  
 by its *fruit*; yee all  
 trees doe not beare the  
 same fruit; our fruit  
 may bee all good,  
 though it be not all the  
*same*: all are not work-  
 ers of *miracles*; 'tis not  
 lookt wee should re-  
 move *Mountaines*, or  
 walke upon the *Sea*,  
 command the *windes*,  
 or appease the *waters*:  
 there are other fruits  
 of the Spirit, that wee  
 must beare: Now the  
 fruits of the Spirit are  
 these, *love, peace, joy,*  
*long-*



*long-suffering, &c. God  
mak us fruitfull in  
these, and we shall have  
no neede of those.*



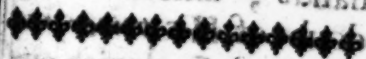
**T**He end of our Sa-  
viours miracles, for  
the most part was, *see  
you tell no man*: It is one  
lesson in religion, not  
to be *seene*: and yet not  
*precisely* not to be *seene*,  
but not therefore to do  
well, *to bee seene*: our  
commendations must  
bee to *doe*, and not *say*,  
or if wee say any thing,  
*say, wee aree unprofitable  
servants.*

As



**A**S the outward service of the body, without the inward sincerity of the heart is *unprofitable*: so the contrary is *uncivill*; Gods service requires *reuerence*, as well as *holinesse*. Many goe to God as they doe to their companions, not *kneeling*, but *sitting*, or *lolling along*; as if they were the *Iudge*, not the *petitioner*, or were to grant suits, not to beg some, and that *unreuerentnesse* which they would

would not, nay, which  
they *durst* not use to  
this or that Mr. Gentle-  
man, they use to God:  
this is neither becom-  
ming *Christians*, nor  
reasonable, or at least  
civill men.



**I**T is the fault of *envy*,  
that it sees nothing  
but *injuries*; but of cha-  
rity that it sees none, or  
takes no notice of them;  
but when one cheek is  
strucke, it turnes the o-  
ther: and when it can  
turne no way, lies down  
under the stroke: hee  
that

that will bee righting  
 himselfe of every  
 wrong, doth but pluck  
 more fists about his  
 eares, and set God a-  
 gainst him too: who, if  
 he would but bee quiet,  
 would revenge it to his  
 hands; unlesse wee  
 doubt of His power, we  
 will trust God with our  
 wrongs; and stay His  
 leysure, that is the fir-  
 test time for our deli-  
 verance, which Hee  
*thinks* so: in this case  
 wee are like men in a  
 pit, the more we stirre,  
 the more we are mired.



I See M o s e s in the  
Mount, and with the  
people with a different  
face, open to G O D,  
veil'd to *them*, God  
would not alwaies have  
us shew our brightnesse  
to the world : in some  
cases Hee loves our ta-  
lent in a *napkin*, lapt up  
and hid. Let it suffice,  
he *knowes* thee, that will  
*reward* thee : others, if  
they commend thee  
not, it is because they  
know thee not : or if  
they doe commend  
thee, there's all,  
O and

and it may bee to thy  
cost. Why shouldest  
thou lose Heaven for  
good words? or what  
art thou the better, that  
others commend thee,  
if God doe not? who  
therefore doth not, be-  
cause they doe, I will  
never care to have my  
praise *ascend up* to Hea-  
ven, but to come *downe*  
from Heaven.



**B**lessed are the merci-  
full, for they shall re-  
ceive mercy : Gods pro-  
mises, though they bee  
gratious, yet they are  
con-

*confin'd* : and hee onely  
shall *receive* mercy that  
*shewes* mercy : all the  
*wrongs* thou receiv'st,  
cannot equall one *sinne*  
thou committest, and  
art forgiven : now when  
God hath forgiven  
thee thy *hundred Ta-*  
*lents*, which thou ow-  
edst, and could'st not  
pay : doe not with the  
*evill servant* take thy  
*brother* by the throat  
for *two*, be not so *cruell*  
to others, that hast God  
so mercifull to thee :  
freely thou art *forgi-*  
*ven*, freely *forgive*,  
with *what measure* yee  
mete unto others, with the

same shall it be measured  
to you againe, and if you  
give, you shall receive  
good measure, not on-  
ly shaken together and  
pressed downe, but run-  
ning over.



**G**Od as He doth not  
let goodnesse goe  
unrequited, so doth Hee  
not requite it with a li-  
tle, or inch out His blef-  
sings. Hee never hath  
done enough for those  
that love Him: one good  
turne drawes on ano-  
ther, and Hee is ever  
thinking, What could  
I

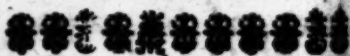


I doe more for my  
Vineyard that I have  
not done? There is no  
paines of ours which  
falls to the ground un-  
accepted, unrewarded  
who would not serve  
that master, whose ser-  
vice is perfect free-  
dome, and the wages e-  
ternall life? I cannot  
bee more mine owne  
friend, than by being  
Gods servant, and the  
Worlds enemy.



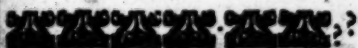
O Vr bodies waxe  
weary, as they wax  
elder, out sinnes as they  
O 3 waxe

waxe older. they waxe  
*stronger* ; I will labour  
 to bee old in *goodnesse*,  
 and I cannot complaine  
 of *weakenesse* ; let mee  
 but bee too strong for  
 my finnes, and I have  
 strength enough.



**S**OME men doe not  
 revenge injuries, be-  
 cause they cannot, they  
 want *power*, others be-  
 cause they want *oppor-*  
*tunity*, and doe but wait  
 with *Esau* : the dayes of  
 the mourning for my fa-  
 ther are at hand, and then  
 I will slay my brother. It

is no god-a-mercy to  
passe over injuries when  
we can doe no other, he  
is not innocent that is so  
*perforce* : then is our  
goodnesse commenda-  
ble, when we *may* hurt,  
and will not.



IT is the *fault* of the  
world, yet it is the  
*fashion* of it, to put off  
God to the last; the fall  
of the leafe, will serve  
his turne : and thinke  
one *sigh* at their *death*,  
enough for all their  
lives before : but true  
repentance as it is not  
O 4 for

for a *spurt*, so it is not done in an *instant*. Hee that goes about thoroughly to make rid-dance of his finnes, shall finde it a long busi-ness; finnes are not like *servants*, to bee gone at a *quarters* warning.

¶ In many things wee of-fend all, is the voyce of an *Apostle*; the best have their faults, hee is happy that hath *least* and *fewest*. I can never bee so holy as to have no sins: my care shall be to repent mee of those

I have; if my repentance be daily, my score shall never be long.



**Y**outh, & holinesse,  
do not meete often,  
to see a young man  
dead to sinne and ready  
for death, is *admirable*,  
but *rare* : it is a good  
thing to bee good be-  
times, finnes as they  
grow old, they grow  
lusty, and if they once  
get head, they know  
no master, it is a harder  
matter to *restore* to god-  
linesse, than to *make*  
godly; for there must  
O 5 be

be a *dedocebote*, &c. an unteaching of that evill, which they before learned, before there can bee an insertion of that good which they must after practise. Custome will alter *nature*, and an use of sinning make them in love with sinne; it is rarely scene that a young *divell* proves an old *Saint*. I will so beginne, as I would hold out, with God; otherwise, it is ill that I have begun, but worse that I hold not out.

God



**G**OD desires not the death of a sinner, but that is not all, He doth not onely not *delight* in our ruine, but he desires our *recovery*. If we *repent*, He *s pares* us, if we returne, He receives us: for the first, *mercy* to forgive; for the second, an *Abrahams* bosome to receive, if wee wander, He recalls us, if we be obstinate, he intreates us: if we come but slowly, He will stay for us; in *all* His workes He is wonderfull; but in His  
workes

works of *mercy*, He exceeds. I will never despaire of that goodnesse that hath no bounds; my finnes are infinite, but not *unpardonable*. He was once a *persecuter*, who was after an *Apostle*: and not behind the best of the *Apostles*, that was once before the worst of the *Jewes* for cruelty: *God* is able to make of a cast-away, a *convert*; of a theefe, a *Disciple*: of *stones*, children: of dead men, living *Saints*, if the disease bee desperate, the cure is the glory of the *Physitian*; the reco-



recovery is more remarkable of a *dead* man to life, than of a *sicke* man: if the danger were not great, there were lesse praise of our redemption: but when our finnes are gone over our heads; when the beame of the timber, and the stone in the wall cry us guilty; when thou art possesse, and not as *Mary Magdalen* with a few divels, but with *Legions*: not one sinne, or small sins, or a few finnes, seven divels, as it is said of her, but past number; like the starres or the sands;

fands; and of the worst  
fort of divels too, that  
cannot easily bee cast  
out, but with *fasting*  
and *prayer*, and hast not  
onely *committed* them,  
but *lived* in them, and  
art now *dead* in them:  
when we have thus lost  
our selves, and *Him*, to  
bee found of *Him* and  
brought to our *selves*,  
*pusses* us for thanks:  
His *armes* are ever o-  
pen, onely our *hearts*  
are shut: wee receive  
not, because wee *aske*  
not, wee are not recei-  
ved, because we returne  
not, or returne to our  
vomit; It is but just,  
when

when wee turne to our  
finnes, that God turne  
to His judgements : ei-  
ther we must be cut off  
*in* our finnes, or *from*  
them.



**S**alvation is the *gift*  
of *God*, it is *given*,  
and yet it is *got* with a  
great deale of strug-  
gling; thou must *fast*,  
and *watch*, and *fight* ( as  
Saint *Paul* saies ) and as  
Saint *Paul* did too, not  
onely with *beasts*, after  
the manner of men  
( though wicked men  
are *beasts* in a manner )  
but

but with *principalities*,  
and *powers*, not the *E-*  
*gyptians*, but the *Ana-*  
*kims*, Gyant finnes,  
growne temptations.  
My glory shall bee not  
to have no finnes, but  
to have the *mastery*, not  
that I am not set upon,  
but not *beaten*.



**T**Hat wee shall all  
dye, wee all know;  
*when* wee shall dye, God  
knowes; but how any  
man should bee *dead*  
while hee is *alive*, is  
strange will some  
thinke, and would be  
glad

glad to know; yet so it is, sinne is a *death*, and every obstinate sinner is dead for the time. Some with *Jairus* daughter are not dead but sleepe; others with *Lazarus*, are not onely dead, but *stinke*; and it is with sinne as with sickness, it weakens by degrees; first it distempers the palate of the soule, or spoiles the stomacke, so that either it refuseth meate, or distasts it, or puts it up againe; and next it takes away the sense that they feele not their sinnes, and then are reme.

medileffe; and as our Saviour told the *Iewes*, they will dye in their finnes; and this is a death men care not to bee acquainted with till they bee past *cure*: and then onely thinke of *Heaven*, when they are going to *hell*, and after forty or fifty yeares living, know not what belongs to dying, more than, with *Ezekiah*, to turne their face to the wall, and weepe when it comes: The way to dye willingly, is to *conne* death before hand; hee that hath spent his life in providing

ding for his death, is not troubled at his *death* how to bee provided of a better *life*. My care shall bee not how I may not dye, but how I may live ever.

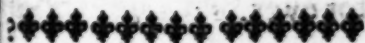


**P**rosperity is a great enemy to goodnes, how hardly doe those which have *riches*, enter into the Kingdome of Heaven? I heare *Israel* praying in *Egypt*, quarrelling in the *wildernesse*: When they were at their bricke-kills, they would bee at their

their devotion, and no  
sooner are they at ease,  
but they are wrangling  
for their flesh-pots; I  
thinke many a man had  
not beene so bad, if hee  
had but beene poore. It  
is the saying of a wise  
Father, that *Salomons*  
*wealth* did him more  
hurt, than his *wisdom*  
did him good. *Trouble*  
and *want* doe that many  
times, which faire  
meanes cannot; *wealth*,  
like knowledge, puffes  
up, when *poverty* (as  
their infirmities did ma-  
ny in the Gospel) make  
men flocke to Christ. I  
will never pray more  
hear-



heartily to God for his *blefsings*, than for grace to *use* them, not to lessen my *miserie*s, but to adde to my *strength*. Though my afflictions be *many* or *often*, so my strength bee equall, I shall get by them; the stronger my *tryall*, the greater will bee both my *victory* and my *reward*.



THE way to live ever, is to live well, there is no way to everlasting life, but a good life, it is not living at ease,

*ease, or at randome, or at racke and manger, in pompe and plenty, mirth and jollity, and with Saul thinke to drive away the divell with musicke. God cares not how rich or how powerful thou art, but how good. We should so live as wee may have joy of our life, and bee made partaker of those joyes, and that life which are for ever.*



There are many  
dead men and many  
deaths, there is a  
death

death *in* sinne, and a death *for* sinne, and a death *to* sinne, the two first we may thanke our selves for, if wee had not knowne sinne, wee had not knowne death, but the last wee must thanke *God* for, it is from Him that we dye *to* sinne, that have deserv'd to dye *for* it, who Himselfe dyed for us, and hath taken our sins upon Him, and at once delivered us from the sting of death, and the strength of sinne. And *thankes bee to God who hath given us this victory, through our Lord*  
Ie.

## I E S U S C H R I S T.

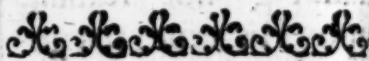


**V**Ve are in this world, as *Israel* in the wilderneffe: and *Christ* is to us as *Moses* was to them; if Hee leave us, wee know not which way to turne us, nature cannot carry us to *God*. Here all our sufficiency is from Him, and wee say well in our prayer, *for thine is the power and the glory*; and it is by that power, that we come to that glory, our strength is but borrowed; our stan-

standing but leaning  
upon His arme; our go-  
ing, but leading in his  
hand. It is with us as  
it is with Saint Paul  
upon the way, wee must  
be led. we must be car-  
ried to G O D; we must  
pray, *turne us, O Lord,*  
*unto thee, and we shall be*  
*turned.* Of our selves  
wee are unable to goe,  
yet draw us, and wee  
shall runne after thee;  
so shall wee come to  
thee, *with thee*, that are  
rather *images*, that have  
*feete*, and *wrlke* not,  
*without thee.*

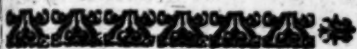
P

It



**I**T is betweene some *sinners* and *God*, as betweene some men and their *creditors*; all their care is how to bee trusted, not how to pay. My *first* care shall bee as little as I can to come in *Gods* debt, and my next care how to come out of it.

Our



O V<sup>r</sup> goodnesse must  
be that part of the  
wallet that hangs behind  
us, seene of others, not  
of our selves: our sinnes  
must bee that part that  
hangs before us, seene  
both of others, and our  
selves. To conceale sin,  
was never the way to  
bee forgiven it; or what  
art thou the safer, that  
thou canst conceale it  
from men, and not from  
God: I had rather bee  
censu'd for my sinne,  
than be damned for it.



**A**S in *Morality*, so in *Divinity*, not to go forward is to goe backwards; and not to thrive in goodnesse, is not to be good. When I compare what I *am*, with what I *have* beene, I am not a little proud ; but when I compare what I *should* be, with what I *am*, with *Peter* I begin to *sinke* ; only here's my comfort, I shall bee receiv'd, not according to what I am, but what I am in *Christ*.





**E**Very good heart is  
accuser, judge. and  
executioner of its owne  
faults: Why should I be  
afraid of standing at  
the tribunall of my  
owne *conscience*, and not  
of *God*? at one I must;  
and if I judge my selfe,  
I shall not be judged: I  
will prevent *Gods* judge-  
ments with my owne,  
and the feare of what I  
should suffer, with the  
*sorrow* for what I have  
done; to him onely is  
the *last* judgement ter-  
rible,

rible, that shunnes the  
first.



**V** Vicked men as  
they make  
most shew of mirth, so  
they have least; their  
heart & their face do not  
agree; they carry that  
in their owne bosome,  
that spoiles their laugh-  
ing: they are alwaies  
pursued by themselves,  
and encountred with  
their owne thoughts.  
Their sleep is *dreaming*,  
and they *dreame* of  
those judgements in  
their sleepe, which they  
have *deserv'd* waking:  
every

every noyse is of *thunder*, and every thunder of the *last* day; every shadow is a spirit, and their sinnes are so many divels about them; they have a double hell, they dye a thousand deaths here, and hereafter dye eternally. There is no joy like the joy in the *Holy Ghost*: Nay, there is no joy but *that*, and that is as farre above all *earthly* joy, as our *heavenly* joy shall bee above this *Hallelujah* above *Hosanna*. Let me but have this *within*, and I care not how the square goe *without*.



**D**Eath to the wicked  
 ever comes *unwel-*  
*come*, because they see  
 it in its *worst* shape,  
*ghastly*. Faine they  
 would not goe, and goe  
 they must, it is impossi-  
 ble they should *live* stil,  
 but it is *intolerable* to be  
 still dying, which is the  
 life they are to live, a  
*living death*. I will pray  
 God to season this life  
 to me, as I may not be  
 in love with it, so to re-  
 member mee of my  
*death*, as I may not be  
*afraid* of it; and in my  
 life so to prepare mee  
 for

for my *death*, that at my death I may not onely be prepared, but assured of a better life.



**V**When I remember the finnes I have already committed, and some it may be not thoroughly repented of; and those which I doe hourly commit, and some it may be not taken notice of: so many of *infirmity* stealing upon me, and other *stronger* finnes breaking in upon me: I doe not *will* that good which I  
 P 5 should,

should, or want power to that will, or perseverance to that power: I am at a stand with the *Apostle*, and thinke, *miserable man that I am, who shall deliver me from this body of death?* Even Hee that delivered His body to death for mee: Oh GOD, thou that workest in me, both to will and to doe, worke my will to thine; *da Domine quod jubes, &c.* Give but power to obey, and what thou wilt command.

Death



**D**Eath is as hatefull  
to man, as old age  
to beauty; and we are e-  
ver complaining of the  
shortnesse of our time,  
unlesse *calamity* make it  
seeme long; which yet  
if they be never so little  
over, they are weary  
of that which before  
they wished for, *death*:  
as I will not bee in love  
with *tribulations*, so I  
will not love my life  
the worse for them, nor  
the better for wanting  
them: if *prosperity* make  
mee fond of *living*, or  
afraid

afraid of *dying*, it had  
 beene better for mee, if  
 it had not been so well ;  
 I shall pay deare for my  
*ease.*



**I**T is better to go into the  
 house of mourning, than  
 into the house of laughter;  
 nay, the way to the  
 house of laughter, is  
 through the house of  
 mourning; so our Savi-  
 our, Blessed are they that  
 mourne, for they shall bee  
 comforted: Mirth, like  
 Salomons strumpets,  
 leads to the chambers  
 of



of death ; and the voluptuous man goes *out* of this World, as he came into it, *crying*; and into *another* world, where there is nothing but *weeping*. It is a great weaknesse to *deferre* to doe that, which *must* be done, if I must once *weepe*, I will doe it *now*. It is better to cry for *remorse*, than for *anguish*.

There



THere were no such  
*tyrant* upon earth, as  
 the *envious* man, if he  
 had but his *will*, no man  
 should live a quiet life,  
 or dye a naturall death,  
 but himselfe; hee sees  
 his neighbours house  
 burning, and *warmes*  
 him by the fire, and is  
 refreshed: there is no  
*estate* that hee hath not  
 a quarrell to, no *person*;  
 his *equals* hee hates, be-  
 cause they are his e-  
 quals, his *inferiours*, be-  
 cause they are not his  
 equals; and his *superi-*  
*ours,*

ours, because hee is not  
their equall : hee is an e-  
nemy to *all mens* peace,  
but most of all to his  
*owne*, and I thinke if he  
were put to it, himselfe  
knowes not what he  
would bee, or have o-  
thers be. It is the grea-  
test vanity in the world  
to runne madde for o-  
thers pleasures : what if  
I have not the same  
*thing*, or in the same  
*measure* ? I have enough  
to serve my turne, if  
they have *more*, yet  
they must *account* for it,  
and I will never envy  
any man, that hee hath  
more to answere for to  
God,

*God*, than I have ; I shall not account for the talents which I never had.



**G**ods blessing, and our thanks must ever goe hand in hand, one good turne requires another. We must not thinke to serve ourselves of *God*, and not serve Him ; His blessings are not onely encouragements, or rewards, but bonds. Of these, the more wee have, the more wee owe, and our care must bee,  
not

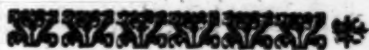
not onely to *receive*, but  
to repay. Why should  
wee strive to come out  
of every mans debt, but  
Gods?



**T**He charity of *for-  
giving*, is more dif-  
ficult than that of *gi-  
ving*, and more worth,  
by how much our  
*selves* are more deare  
to us than our *goods*, in  
the one wee are *doers*,  
but in the other *suffe-  
rers*, and many a man  
would *doe* for another,  
that would not *suffer*  
for

for him : I am but halfe  
a Christian if I have  
onely learn'd to *pitty*,  
and not to *forgive* : wee  
cannot at once, remem-  
ber our *profession*, and  
our wrongs, if they bee  
*small*, the matter is the  
lesse ; if they bee *great*,  
our glory is the more :  
nor onely our *glory*, but  
our *reward* ; it is our  
owne faulcs, if wee bee  
not gainers by our *inja-  
ries*.

*Gluttony*



**G**luttony is not on-  
ly a *sinne*, but a *dis-*  
*ease*: not onely to bee  
*forbidden*, but to bee a-  
*fraid* of, other *sinnes*  
hurt in *future*, this in  
*present*, and robbes not  
only of *eternall* life, but  
of *this*, and destroies the  
*body* together with the  
*soule*. Our bodies were  
not given for *cellarage*,  
to lay in bread and  
beere in, I will remem-  
ber, that I was not ther-  
fore borne, or doe live,  
meerely to *eate* and  
*drinke*, but therefore  
eate

eate and drinke, that I  
may continue life.



**I** Have seldome known  
any wickednesse so  
hainous, that had not  
*clients* as wel as *patrons*.  
*Corab* had companions  
with him in his sinne,  
before in his punish-  
ment. But *innocency*  
doth not goe by *voyses*,  
I will never looke at  
my *partners*, but my  
*cause*. I desire no other  
Advocate, but G o d  
and the *truth*.

It





**I**T was the accusation  
Of the *old* world, that  
they were eating and  
drinking, till they entred,  
&c. and is still of this,  
and will bee so to  
the end, though this  
were not the end of our  
being, but for the con-  
tinuance of it: I will use  
my *meat*, as others doe  
their *Physicke*, onely for  
*health*, to satisfie not  
my *desire*, but my *sto-  
macke*. I can a great  
deale cheaper, and sa-  
fer, feede my *body* than  
my *eye*.

We



**V**V Ee see men set  
 not their best  
 wares upon the stalls,  
 but *within*, lapp'd up; it  
 is neither commendable,  
 nor wise to shew our ex-  
 cellencies (as Musicians  
 doe) in all companies;  
 what are wee the better,  
 that wee thinke well of  
 our selves, while others  
 thinke not so? Or  
 what are we the worse,  
 that others thinke  
 meanelly of us, while  
 we think so too? Since  
 thou art never the bet-  
 ter for thy *selfe-concei-*  
*tednesse,*

tednesse, nor the worse  
for thy *humility*, why  
shouldst thou make thy  
selfe envied for those  
graces which thou  
hast, by *shewing them*,  
and derided for making  
shew of those thou hast  
not, and would' it seeme  
to have? and art at  
once noted of men for  
*aboasier*, and of God for  
a dissembler? I will be  
content to bee lowly in  
mine owne esteeme, and  
others, that I may bee  
high in *Gods*.

A



**A** Handsome garment  
 is no argument of  
 a strait body: those are  
 not alwaies the *best* men  
 that make the most  
*shew* of holinesse. *De-*  
*murenesse* may stand  
 with falshood: *Pretences*  
 are evermore suspici-  
 ous; they that are ever  
*perfum'd*, 'tis to bee  
 thought have naturally  
 ill breaths, we must not  
 ever beleewe our sen-  
 ses: goodnesse is plain,  
 and would bee knowne  
 by her *workes*, but not  
 tell of them, whilest  
*hypo-*

*hypocrisie* is painted to  
hide 'its wrinkles, and  
would be taken for bet-  
ter than it is, and with  
the *figge-tree*, it shall be  
curst for flourishing; if  
wee are true Christians,  
we are both sides alike.



GOodnesse doth not  
goe by *yeares*, ma-  
ny times you shall have  
that from a *Samuel* in  
his long coates, which  
you shall not have from  
a *Saul*, at forty yeares  
old; and yet it is not  
*forwardnesse* commends  
us, but - *perseverance*:

Q Some

Some men, like some *fruits* promise faire in the *blossome*, but wither ere they bee *pluck'd*, others like some *graine*, lye long in the ground, but grow up the *taller*, it is dangerous to *deferre long*, but it is worse not to *hold out*. I will love and endeavour *early* holinesse, yet it is better to *begin late*, than to have *done betimes*, there is a penny for him that comes at the *eleventh* houre: if thy *youth* have beene *faulty*, it is comfort that thy *age* is *otherwise*. It is no disparagement to have beene  
wic-

wicked, but to *continue* so; who hath not bin over-seene sometime? He was once a *Persecutor* that was after an *Apostle*. I will glory, not that I have *never* done amisse, but that I am now *asham'd* of it.



**A** *S* promotion, so poverty, is neither from the *East*, nor from the *West*; but from *God*. Hee hath said to every man, *rule* thou here, or *worke* thou there, bee *this*, or *thus*. Why doe men *grudge* at their  
 Q 2 wants,

wants, when it is not  
*chance* but *providence*?  
It is lesse praise to bee  
*honourabye*, than to bee  
content not to bee so:  
our happinesse is, not  
to *went* affliction, but  
to *beare* it. The lesse I  
*have*, the more I have  
to *come*: no *Lazarus*  
would change states  
with that *Dives*, who  
if hee might but live a-  
*gaine*, would bee *Laza-*  
*rus* to choose.





**I**ob in his description  
of man saies, *His daies*  
*are as the daies of an*  
*hireling*, now wee doe  
not hire men to bee *idle*,  
but to doe our busines-  
ses, our life is a long  
*day*, and this day hath  
many *houres*, and these  
houres have all *worke*;  
every man is a *day-la-*  
*bourer*, and must doe his  
*taske*, to have his *wages*.  
I doe not see the *penny*  
given to those that  
*stand* in the market  
place, but that *labour*  
in the vineyard: 'tis not  
Q 3 for

for us to bee *lookers* on,  
 God and the holy An-  
 gels are *spectators*; wee  
 must bee *actors, doers*. I  
 will bee content to doe  
 nothing but *labour*,  
 while I am *here*, that  
*hereafter* I may doe no-  
 thing but *rest*.



THE food of the  
*soule*, as it is farre  
 more excellent than  
 that of the *body*, so it is  
 farre more *dangerous*;  
 for, where it *saves* not,  
 it *kills*: How many  
 (with *Esau*) have eaten  
 themselves out of the  
*bles-*

bleſſing in this, and gon  
from Gods table, as Bal-  
tazar did from his con-  
demn'd men ? Not the  
preſence, but the prepa-  
redneſſe makes the ac-  
ceptance: to come, and  
not *worthily*, is to bee  
more *bold* than *welcome*,  
it is all one to thee  
whether God have thy  
*roome*, or thy *company*;  
if thou have not thy  
*garment*, thou art con-  
demn'd in *both*; let o-  
thers care onely to  
*come*, my care ſhall bee  
to be *welcome*.

Q 4 God



GOD is a God of  
*pure* eyes, and can-  
not behold *sinne*, and  
yet He continually be-  
holds us that are alto-  
gether *sinfull*. Lord how  
are wee bound to thy  
goodnesse, that onely  
thy *eye* is upon us, and  
not thy *hand*? That  
thou doest but take no-  
tice of our finnes, and  
not take *vengeance* on  
them? If wee had any  
good nature in us, if for  
nothing else, yet wee  
would be *better*, because  
thou art so good, and  
dislike

dislike sinne, not for our  
owne sakes, but thine.



**G**Od, saies the Hea-  
then; hath *woollen*  
feet, but *iron* hands; yet  
He hath sometimes *iron*  
feet, and *woollen* hands;  
where Hee would *cor-*  
*rect*, and not in *wrath*,  
He makes a great *noyse*,  
but doth little, onely to  
*fright*, not *hurt* them:  
Where Hee will judge,  
and not *correct*, Hee  
treads *softly*, but strikes  
*home*, and is upon them  
ere they are awares:  
there is love in His cor-

Q 5 recti-

rections, but there is  
 wrath in His judge-  
 ments. I will pray, *Cor-  
 rect mee, oh Lord, but  
 not in thy fury, lest I bee  
 consumed and brought to  
 nothing.*



**T**Here is no living  
 without *repenting*;  
 for all finnes are against  
*God*, and all forgive-  
 nesse is from *God*, and  
 there is no forgivenessse  
 without repentance; so  
 then without this thou  
 canst neither *live* com-  
 fortably, nor *dye* peace-  
 ably. I will not present.



it is all they have to trust to. I will grudge no man this *world*, it shall suffice mee there is another to come, and that mine shall *beginne*, when *this* is ended. I will be content to want this for a while, that I may enjoy the other *forever*.



**H**Olines is not borne with us, nor doth grow up with us: sometime, you shall see the *hoare-head*, come short almost of the *long-coats*. I will never regard how *long*



*long* I live, but how  
*well*; and rejoyce, not  
that I dye an old Chri-  
stian, but an old man in  
CHRIST.



SOME men draw *nigh*  
unto God, but with  
their *lips*, as *Indas* did;  
others draw nigh unto  
Him with their whole  
*body*, and will for out-  
ward cōplement come  
short of none: into their  
*sack-cloath* with *Ahab*,  
and downe upon their  
knees and face with  
*Saul*, they will dye the  
death of the *Righteous*  
as

as well as any, if *wishes* will doe it ; but their *heart* is not found. Not to draw nigh unto God at all, is open *rebellion*; to draw nigh unto God, and not all, by *halves*, is secret *dissembling*; then onely doe we come as we should, when we come (like S. Pauls Sacrifice,) *our selves, our soules and our bodies* : and thus if I draw nigh unto God, He will draw nigh unto me.

If



**I**F God onely saw as  
we, there were no dif-  
ference betweene holi-  
nesse in *jest*, and in good  
*earnest*. *Ahab* is in ashes  
as well as *Ninivie*; nay,  
what doth *Ninivie*  
more than *Ahab*, to the  
eye? What doe the *A-*  
*postles* more than the  
*Pharisees*, or *Iohns* dis-  
ciples than theirs? they  
fast, pray, give: by the  
*out-side* wee cannot tell  
who serves God with  
his *body*, or with his  
*heart*; wee see they are  
*sepulchers*, wee see their  
faire-

*fairenesse*, but not their *rottennesse*, onely God which sees their heart, shall one day *unmaske* it, and as they have before beene applauded for what they *seemed*, so they shall then bee punish'd for what they *are*. If I have onely the *rin'd*, the *out-side* of Christianity, and not the *bulke*, I am sure to be cast out: what I can, I will so carry my selfe, as I may neither bee condemn'd for being worse than I should be, or seeming better than I am.

There



**T**Here is no musicke  
like that of the  
*Word*. yet it is not lik'd:  
*wee have piped unto you,*  
*and you have not danced,*  
was the complaint of  
Christs time: men have  
eares to heare, but not  
that: any musicke but  
that of the *Cymbals*, any  
Harpe but  *Davids*, any  
Bels but those of *A-*  
*aron*: they can heare o-  
thers revil'd, or God  
prophan'd, or them-  
selves sooth'd: they  
have eares to their  
commendations, but  
not

not to their faults : the  
fluggard hath his cares  
in his pocket, the drun-  
kard hath his cares in  
his pot; the pround man  
hath no cares, but to  
his commendation, the  
covetous man hath no  
cares but to his profit:  
the luxurious man hath  
no cares but to his  
pleasure : there is no  
musicke but 'in Trum-  
pets, nor in them but at  
banquets. But hee that  
will not heare now,  
shall one day cry and  
not bee heard, and bee  
forc't to heare that  
heavy doome, *Depart  
from mee: ye workers of*  
*ini-*

*iniquity, into that lake,  
where there is nothing but  
crying.*



**I**T is strange, no men  
would bee sicke, and  
yet some men will not  
bee well, for they take  
courses to overthrow  
their health, as if God  
had nothing to doe but  
to waite on them: they  
are never well when  
they are *well*, but when  
they are doing of *ill*;  
where the affliction is  
Gods, wee may chal-  
lenge Him of helpe.  
where the disease is  
de-

debauchnesse, Hee may challenge us of sinne: when our sicknesse is His correction, it is comfortable, but when wee need to bee corrected for our sicknesse, it is fearefull: what God laies upon us is to bee borne: what men bring upon themselves, is not to bee answered: and if in mercy thou art delivered, *Goe and sinne no more, lest a worse thing come unto thee.*





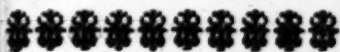
ALL weeds grow apace, wicked men like *Egyptian Grasshoppers*, lye in heaps, when the good, like *Noah* in his Arke, are two or three in a corner: our blessed *Saviour* (as Hee could never say otherwise) said true, The way had neede bee wide that leadeth to destruction, for many there bee that finde it.

## They



They must looke to  
*suffer*, that looketo  
*reigne* ; this world is  
Gods house of corre-  
ction for His *Children* :  
we must not thinke not  
to have crosses, we must  
study to make the best  
of them. I will thinke  
of afflictions before  
they come, that when  
they come, I may bid  
them welcome ; while  
they tarry , I will have  
use of them , and when  
they goe , I will take  
leave of them , onely  
as of an *Ague*, for a well  
day

day or two, but to come againe.



I *N Heaven* all vessels  
shall bee *full*, but none  
shall *runne over*; here  
on *earth* I see some run  
over, and yet complaine  
of *emptinesse*; they have  
not *enough*, if they have  
not all: Thus I have  
seene some beasts, not  
knowing when they  
were well, burst with  
feeding: they had more  
than enough, if they  
could bee content ano-  
ther should have more  
than they; if they could  
but

but bee lesse envious,  
they would bee lesse co-  
vetous: all Vessels beare  
not the same sailes,  
those doe but speed a  
*tall Ship*, wherewith a  
Barke is overborne: we  
know not our owne  
strength,, submit our  
selves to Him that  
doth: He that gives us  
all wee have, knowes  
wee have all wee should  
have, & that if wee had  
more, we would sinke:  
that man that thinks hee  
is never full, is never  
*thankfull*. Whether I  
*abound*, or am *poore*, I  
will endeavour but these  
two, to be *thankfull*, and  
to be *content*.      Cros-



Crosses are *harsh*, but  
they are the best  
*Physicke*; I know not  
whether *prosperity* have  
lost, or *adversity* reco-  
ver'd more; none praies  
so heartily for His *daily*  
*bread*, as He that wants  
it: misery like *Ionab's*  
fish sends them to their  
prayers that never  
thought of God under  
their *goard*; it is pittie  
faire weather should  
doe any harme; yet it is  
often seene, wee even a-  
dore those *Physitians* in  
our sicknesse, which be-  
R ing

ing recovered, wee onely salute with a complement ; abundance makes many forget those friends , which want would make crouch to ; how welcome should that state bee which makes us familiar with God ? I will not, I may not wish for afflictions , nor meet them. I am good Christian enough, if I can bee content to bee poore, and not desirous. Our practice must bee not to make much of crosses, but to make use of them, yet I had rather endure a world of

cro

crosses to come to God,  
than to bee crossed in  
nothing in this world,  
and once *want him*: let  
my finnes rather bee *pu-  
nished*, than *sooth'd*: oh  
G o d, let my *hell* be  
*here*.



**C**Hrist hath many  
*followers*, but few  
disciples; God hath  
many creatures, but  
few sonnes. Gods flock  
is a little one, one of a  
family, two of a tribe,  
like the Prophet *Esa-*  
*ahs* tall Tree, here and  
there a berry in the top

R 2 of

of a bough : there are many of *Israel*, but few *Israelites*, many that have *Abraham* to their father, but a few his children. Many that came out of his loynes, but few that shall sit in his bosome. Goodnesse goes not by multitude : the many followers may shew thy greatnesse, not thy holinesse ; the most are commonly the worst. How fondly then, how falsely doe any boast of the truth of their religion by their multitude ?

Every





**E**Very thing, we say,  
is the worse for  
wearing ; it is true of  
the world , the older  
the more *corrupt*: we are  
forewarn'd of the last  
dayes , that they shall  
be notoriously wicked:  
the world did almost  
begin with sinne, but it  
shall end ( in a manner )  
with nothing but sinne,  
and that in fire : Here's  
our comfort , the just  
are no part of the  
world.

R 3

If



IF we had not knowne  
*sinne*, wee had not  
 knowne *sicknesse*, and  
 now wee know not how  
 to bee well of our sinne;  
 but by Him against  
 whom wee have sinned,  
 our health is from God,  
 our *sicknesse* is from  
 our selves : *Heale thy*  
*selfe*, is onely for that  
 Physician to whom it  
 was upbraided, it is not  
*Saul* and his *witch*, or  
*Asa* and his *Physicians*  
 can prevent death or a  
 disease, without God:  
 all is *originally* from  
 him,

him, yet *derivatively* by  
meanes. I will use the  
*one*, but I will *trust* one-  
ly the other; if wee are  
confident either *without*  
them, or *in* them, wee  
presume.



**V** Hilest wee are  
here we are in  
continual want of some-  
what either our *minde*s  
are *sicke*, or else our *bo-  
dies*, diseases or discon-  
tents. How should we  
long for that place,  
where wee shall enjoy  
nothing but *rest*, and  
want nothing but a *con-*

R 4

sum-

summation of our rest?



THIS world is a *lyer*,  
 and hee will finde it  
 so, that serves it: *riches*  
 like their master, are  
 full of deceit, promise  
 that they have not.  
 How many have wee  
 seene that have thought  
 no joy but in abun-  
 dance, have, after, en-  
 ded their joy where  
 they begin to abound,  
 and at last envyed the  
 quiet rest, and merry  
 meales of their labou-  
 rers? To *impatient, in-*  
*constant* mindes, the pre-  
*sent*

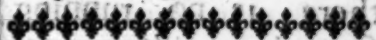
sent state is ever cumbersome, & they would change though for a morse; If wee can but make the best of our owne, and thinke our selves well, even when others thinke not so, wee are happy men. Why should I thinke that grievous which God thinkes fit? If there were no providence, I would struggle: but now it is hard to kicke against the prickles, Lord, bee it unto thy servant according to thy will.

R 5. Plea.



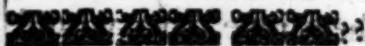
PLEasures are *pleasing*,  
 but they are *vani-*  
*shing* : the *Pharisees*  
 were not so truly  
 painted sepulchers, as  
 these, *faire* but *rotten*,  
*fading* nor onely *dying*,  
 but *killing* : Like *guil-*  
*ded pills* ( save that they  
 are not *Physicke* ) but  
*small & ill* tasted; if they  
 were either not *short*,  
 or but *sweet*, there were  
 some colour for loving  
 them. But now they are  
 not *lasting*, and yet *un-*  
*savory* : Why are wee  
 not ambitious of those  
 plea-

pleasures, which are beyond all time for length, and all conceit for sweetnesse?



**S**ome men are afraid to sinne, because they are afraid to smart for their sinne, they would goe on in their sinnes, if they could goe away with them; it doth not so much trouble them to bee wicked, as to bee tormented, and their study is not that they may not provoke God, but that they may runne away from him. Oh God, if wee could runne out of the world, we

we should runne farther  
into thy judgements. Oh  
God, if wee goe downe  
into *hell*, thou art there,  
there is no running  
from the *punishment*, till  
from the *sinne*.



**A**LL sicknesse is not  
of the *body*: every  
*leprosie* is not in the  
*skinne*, it were well for  
some men it were: eve-  
ry *sinne* is a disease, our  
soules are no lesse sub-  
ject to infection, than  
our *bodies*; some are dis-  
eas'd and doe not *know*  
it, others are *diseas'd*  
and



and doe not *care* for it :  
both cases are hard, but  
the last is desperate.  
To make light of sinne,  
and because thy soule  
is sicke even unto *death*,  
to say with the *Atheist*  
and *Epicure*, *Let us eat*  
*and drinke*, for wee must  
*dye*, is to shake hands  
with vengeance : Hee  
that will not so much  
as *aske* to bee heal'd,  
how justly shall hee dye  
in his leprosie.

It



**I**T is *strange*, but it is  
*Ordinary* to see every  
man greedy to conti-  
nue this life, and not to  
procure a better: If the  
head doe but *ake*, strait  
to the *Prophet* with the  
Shunamite, to the *Phy-*  
*sicians* with *Asa*: If they  
bee but talk'd to of *dy-*  
*ing*, with *Ieroboams*  
wife they runne and  
ride, and fend; and as  
the Cripple to our Sa-  
viour, pull downe the  
tiles to come at him;  
but in the matter of  
their *soule*, they are  
*deafe*.

deafe to the disease,  
why are wee not as in-  
dustrious for *Heaven*,  
as for our *health*; and  
to live *ever*, as to live  
*long*? Alas! what is  
age without *goodnesse*,  
but a fairer marke  
for *vengeance*? What  
is *Dives* the better to  
out-live *Lazarus*, and  
at last dye and bee  
*damn'd*? Let others  
trouble themselves and  
the world, how to  
maintaine this *body*, my  
care shall bee how to  
*subject* it: whilest I em-  
ploy my soule onely  
for the setting out of  
my *flesh*, what am I  
else

else but a glorious  
flave?



**D**iseases though they  
were the fruit of  
sinne, and brought up-  
on us by our selves, yet  
they are not dispos'd  
of amongst us but by  
God, the head doth not  
ake but with his leave.  
nor leave aking but  
with His helpe; it is  
from above both that  
wee are sicke, and that  
wee are made whole; to  
whom should I not  
onely owe my life, but  
bestow it, but to him  
of

of whom I live and  
move?



AS it is in *extremities*  
for men to remem-  
ber God, but with *repi-*  
*ning*; so it is hard in *pro-*  
*sperity*, to remember  
themselves, and what  
they have receiv'd of  
God; we are apt to for-  
get what wee have bin,  
when wee are chang'd  
for the better; *Phara-*  
*ohs* butler hath forgot  
hee was a prisoner: it is  
too true, that too many  
love G o d for their  
owne sakes, either they  
are

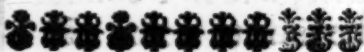
are *poore*, and would be  
rais'd, or they are *sicke*  
and would bee heal'd;  
and like *beggers*, no soo-  
ner are they *sarv'd*, but  
they are gone. I may  
both love my *selfe*, and  
God; I may not love  
God for my *selfe*, I  
would not love my  
*selfe* but for that I am  
*His*, and I will love  
Him but for Himselfe.



**V**hen I cōsider  
the yeares I  
have already lived, mee  
thinkes they are *few*,  
but *evill*; evill not in re-  
spect

spect of *affliction* alone,  
but of *sinne*, and I am  
found guilty :if I con-  
sider the present, (if  
there bee any *present*,  
when it is ever *passing*)  
I doe but adde to my  
score, and if I consider  
the time to come (if I  
have any to come, God  
knowes) I doe but adde  
to the measure of my  
owne finnes, and Gods  
wrath together with  
my yeares; since I must  
live, and cannot but  
sinne, I will study how  
my finnes may not hin-  
der mee of a better life;  
first, I will *abhorre them*,  
and then I will abhor  
my

my selfe for them; and  
 if I could not before  
 breake my heart of  
 them, I will now break  
 it for them: *A broken  
 and a contrite heart, O  
 God, thou wilt not dispise.*



**T**O every one it shall  
 one day bee said;  
*Give an account of thy  
 stewardship, &c.* It is that  
 which every man  
 should tell himselfe, and  
 one tell another, what  
 the *Apostle* hath long  
 since told us all, that  
 wee must all stand be-  
 fore the tribunall seare  
 of



of Almighty G o d; the  
*righteous* thinks long of  
this day, and longs for  
it; because hee is long  
since provided for it;  
the *wicked* thinkes it  
comes too fast, and yet  
thinkes not of it till it  
come; and when it is  
come, can thinke of no-  
thing but *that*, and is  
strown'd with the  
thought of it: his plea-  
sures which were never  
but shadowes (yet ac-  
counted reall) then ap-  
peare as they *were*, and  
not as they were ac-  
counted; and those tor-  
ments which were ever  
thought but *shadowes*,  
bug-

*bugbeares*, then appeare as they are, and prove *reall*: the comparing of what hee hath *enjoy'd*, with what hee hath *lost*, and that little lesse than *nothing* of time which hee hath liv'd, with the *eternity* of torment, he is to dye in, makes him curse the time of his birth, since there is a time of *death*, and another death beyond all *time*; so the *godly* and the *wicked* differ not more in their *lives*, than in their *deaths*, but most of all *after* death. O my *God*! as thou hast made mee of the best sort of  
crea-

creatures, a *man*, and of the best of that sort, a *Christian*; so let mee be yet bettet, by being one of those whom thou hast sorted for thy selfe; what am I better, if I am onely *call'd* and not *chosen*.



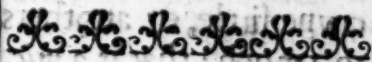
**A**LL bookes are not alike easie; those that are, are not all alike profitable; some would profit more, if they did but relish, others would relish better, if they were more profitable; he doth well that

that doth both, *utile*  
*dulci*; I will neither  
 drowne my meate in  
 sauce, nor dish it dry.



**T**hey are not the  
 onely robbers that  
 breake houses, guile is  
 worse theft than out-  
 rage; it is alike wicked  
 to make wine of other  
 mens grages (as *Ahab*  
 did of *Naboths*) and to  
 be drunke of our owne;  
 he that will have riches  
 in spight of heaven  
 shall have hell to boot.

The



THE malicious man is  
his owne moth ; that  
God is better to him  
than hee can expect, is  
nothing, whilest Hee is  
better to others than  
He is to him : like *Gide-*  
*ons* first miracle hee  
would have all the  
ground dry but his  
fleece ; if *Cains* sacrifice  
miscarri'd, *Abel* must  
not be accepted & live ;  
no man may bee either  
*greater* or better with  
safety. I will not looke  
at what I *have*, but  
what I *deserve*, and I  
S shall

shall never thinke my  
owne little, or anothers  
too much : that is a *wic-  
ked* heart that would  
have all men *worse* than  
it selfe, and *hates* all  
those whom others  
thinke better.



**G**OD is therefore  
bountifull to us,  
that we might bee so to  
others; to feast those,  
that cannot bid us a-  
gaine, and to built for  
those that cannot lodge  
us againe, is the way to  
that marriage-feast, and  
those buildings, whose  
Buil

Builder and Maker is  
*God*; he alone hath the  
true use of wealth that  
receives it onely to  
disburse it; if men  
were their owne  
friends they would  
make others so with  
this Mammon; why  
should the rust of that  
gold rise up in judge-  
ment against thee, the  
use of which will set  
thee with those that  
shall sit in judgement?

S 2

Per-



**P**ersecution is the doore to happinesse, *Canaan* hath still the same way, a wildernesse; who can looke for heaven cheape, that sees his **S A V I O U R** bleeding? I may not afflict my selfe, yet I shall suspect my selfe without afflictio<sup>n</sup>; calms are no lesse dangerous than stormes.



**S**ome men doe not climbe, but vault in-  
in-



to preferment at a leape;  
I know not their  
fleight, I mistrust their  
quickness; few men  
were ever great and  
good in an instant. All  
the harme I wish these,  
is, that their early ri-  
sing do them no harme;  
they that are their own  
brokers in these, are  
likely their own thieves  
in better, & steale them-  
selves out of heaven.



**F**AVOURS are more  
binding, but afflictions  
are more profitable,  
to have much is  
S 3 more

more glory, but to bee content with that wee have is more victory, there is no conquest like that of our selves, no conquest of our selves like that of want: it is a hard matter not to finde poverty a burden, or prosperitie a snare, this religion obtaines us, that if wee are not *richr* than others, yet wee are content to bee poore, hee onely hath enough that would have no more.

Our



**O**Vr endeavours are  
in vaine without  
Gods blessing, yet in  
vaine shall he challenge  
a blessing that endeavors  
not: sloth is no lesse  
guilty that *covetous-*  
*nesse*. I can doe nothing  
without God, yet I will  
not looke God shall do  
all.



**T**He cause of all pu-  
nishment is sin, and  
the end of all sinne is  
punishment. Either pre-

sent or to come: how then doe we love to bee punished, and yet love to sinne? if wee could but bee innocent, wee could not but bee safe: while I am here I cannot but sin, but I hope to avoyd the punishment thorough Him who hath borne the punishment and the sinne.



**O** Vr life is but a breath, at first God breath'd upon man the breath of life, &c. And it is gone with a breath, if He breath upon us in dis-

displeasure we dye, for  
at the breath of his no-  
strils wee are all con-  
sum'd: since we do not  
live but by His leave,  
why doe we not live to  
His glory? Oh God, I  
have not liv'd long, yet  
so much of my life as I  
have not liv'd to thee,  
I have liv'd too much:  
all I desire is, that as  
this life was thy gift to  
mee, so it may bee my  
gift to thee, I can afford  
God little, if not His  
owne.

All



ALL punishments  
are from the same  
hand. *Iobs* boyles are  
no lesse Gods finger  
than *Pharaohs* : but all  
are not with the same  
end, those are but chast-  
nings upon some, that  
are judgements upon o-  
thers. God strikes His  
owne because He loves  
them, Hee strikes the  
wicked because they  
love not Him : those he  
corrects but these He  
executes: it is a signe he  
loves us when he strikes  
us, and if his strokes  
bring

bring us to love Him,  
we may bring with *Da-  
vid*, it is good for us  
that wee have beene af-  
flicted.



**G**OD is all eare and  
all eye, and all in  
all: grant *Lord*, that as I  
am alwaies *seen* of thee,  
so I may bee alwaies  
*heard* of thee: and may  
alwaies *hearè* thee in  
thy *VVord*, and contem-  
plate thee in thy *workes*,  
that I may one day see  
as I am seene, and heare  
and bee heard in that  
hea-

heavenly quire of Ha-  
 lelujah's, Glory, and  
 power, and honour be un-  
 to the Lambe, and to Him  
 that sitteth on the  
 Throne, for ever-  
 more. Amen,

**FINIS.**



